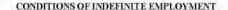
Welcome to Permanent Mew Hire Orientation!

Required Federal Documents



- , having accepted an indefinite appointment with the Utah National Guard, understand the following conditions pertaining to my employment:
- Because I am an indefinite employee, I must apply to be considered for permanent positions.
- 2. My appointment does not have a specific time limitation.
- I may be promoted, changed to lower grade, reassigned or detailed to other positions with indefinite status. Competitive procedures must be used when the promotion is expected to last more than 120 days.
- 4. I must meet all military membership and compatibility requirements.
- 5. I must meet the qualification standards established for the position.
- I do not acquire permanent status.
- 7 I do not serve a trial period.
- I am eligible for retirement coverage under either the Civil Service Retirement System or the Federal Employee Retirement System.
- 9. I am eligible for life insurance coverage under the Federal Employees Group Life Insurance Program.
- 10. I am eligible for coverage under the Federal Employees' Health Benefits Program.
- 11 I am in tenure group III for reduction in force (RIF) purposes. RIF procedures are not required to separate indefinite technicians when their services are no longer needed.
- 12. I am eligible for pay increases.
- 13. I earn leave when appointed to a position with a regularly schedule tour of duty.
- 14. My termination must be preceded by a 30-day advance notice issued by the HRO.
- If I am receiving an annuity from the Civil Service Retirement and Disability Fund, I am subject to the rules for reemployed annuitants.
- 16. I understand that I will accrue annual leave during my appointment, but that I must be on over 90 days in order to be able to use the leave. I must submit DD214s for my title 10 time to receive credit toward my leave SCD. I will receive credit beginning the pay period the DD214s are submitted. My leave will not be back dated. I cannot start taking leave until I have been on 89 days.

CERTIFICATION

I hereby certify that the conditions of indefinite employment as outlined above have been explained to me. I acknowledge that these conditions are different from the conditions of permanent employment. I further certify that all of my questions are different from the conditions of permanent employment. I further certify that all of my questions are different from the conditions of permanent employment.

Signature

Dat

Original signed copy is to filed on the left side of the Official Personnel Folder: A copy may be provided to the

Check Appropriate Box

Sign & Date



Employment Eligibility Verification

Department of Homeland Security
U.S. Citizenship and Immigration Services

USCIS Form I-9 OMB No. 1615-0047 Expires 03/31/2016

▶ START HERE. Read instructions carefully before completing this form. The instructions must be available during completion of this form.

ANTI-DISCRIMINATION NOTICE: It is illegal to discriminate against work-authorized individuals. Employers CANNOT specify which document(s) they will accept from an employee. The refusal to hire an individual because the documentation presented has a future expiration date may also constitute illegal discrimination.

han the first day of employment, I _ast Name (Family Name)		ne (Given Name	***************************************	Other Nam	es Used (ii	any)
and the same of th						s=,yys
Address (Street Number and Name)		Apt. Number	City or Town		State	Zip Code
Date of Birth (mm/dd/yyyy) U.S. Social	Security Number	E-mail Addre	SS	i.	Teleph	none Number
nm aware that federal law provide onnection with the completion of attest, under penalty of perjury, t A citizen of the United States	this form.			s or use of	false do	cuments in
A noncitizen national of the Unite	ed States (See in	nstructions)				
A lawful permanent resident (Alie	en Registration N	Number/USCI	S Number):		93	
An alien authorized to work until (ex (See instructions)	oiration date, if ap	plicable, mm/de	d/yyyy)	. Some alier	ns maywri	te "N/A" in this field.
For aliens authorized to work, pr	ovide your Alien	Registration .	Number/USCIS Number 0	R Form 1-9-	4 Admiss	ion Number:
1. Alien Registration Number/US	CIS Number:					3-D Barcode
OR					Do No	ot Write in This Spac
2. Form I-94 Admission Number:						
If you obtained your admissior States, include the following:	number from C	BP in connec	tion with your arrival in the	United		
Foreign Passport Number:						
Country of least				-		
Some aliens may write "N/A" o	on the Foreign P	assport Numb	per and Country of Issuanc	e fields. (S	ee instruc	tions)
ignature of Employee:				Date (mn	n/dd/yyyy):	
ror and/or Translator Cer	tification (To I	be completed	and signed if Section 1 is	prepared by	y a persor	other than the
mployee.)	2	- 2	- A	20 3		
attest, under penalty of perjury, t formation is true and correct.	hat I have assis	ted in the co	mpletion of this form an	d that to th	e best of	my knowledge the
ignature of Preparer or Translator:					Date (mm/dd/yyyy):
				W	-	
ast Name (Family Name)			First Name (Giv	en Name)		

Form I-9 03/08/13 N Page 7 of 9 1 1 of 2 page

HRO Specialist will fill out appropriate section

Section 2. Employer or Autho (Employers or their authorized representati must physically examine one document from the "Lists of Acceptable Documents" on the issuing authority, document number, and ei	ve must comple in List A OR ex- next page of U	le and sign S amine a com- nis form. For	Section 2 within 3 bination of one o	3 business days o locument from Lis	f the employee's fi I B and one docur	nent from List C as listed or		
Employee Last Name, First Name and Mi	iddle initial fro	m Section 1						
List A. Identity and Employment Authorization	OR	List E		AND	V. Th	st C ent Authorization		
Document Title:	Docume	ent Title:		Do	cument Title:			
issuing Authority:	Issuing	Authority;		lss	uing Authority			
Document Number:	Docume	ent Number:		Do	cument Number			
Expiration Date (if any) (mm/dd/yyyy)	Expirati	on Date (if ar	ny) (mim/dd/yyyy)	piration Date (if ar	ny) (mm/dd/yyyy)			
Document Title:								
Issuing Authority								
Document Number:								
Expiration Date (if any)(mm/dd/yyyy):					1			
Document Title:	-1				Do	3-D Barcode Not Write in This Space		
issuing Authority:								
Document Number:								
Expiration Date (if any) (mm/dd/yyyy):					-			
Certification	- 11							
I attest, under penalty of perjury, that above-listed document(s) appear to be employee is authorized to work in the	be genuine a	nd to relate						
The employee's first day of employm	ent (mm/dd/	(YYYY):		(See instruc	ctions for exem	ptions.)		
Signature of Employer or Authorized Repres	sentative	Dat	e (mm/dd/yyyy)	Title of Em	tle of Employer or Authorized Representative			
Last Name (Family Name)	First Nar	ne (Given Na	me)	Employer's Busin	ess or Organizatio	n Name		
Employer's Business of Organization Address	ss (Street Num	ber and Nam	e) City or Town) -	State	Zip Code		
Section 3. Reverification and	Rehires (To	be comple	ted and signed	d by employer o	r authorized rep	resentative.)		
A. New Name (if applicable) Last Name (Fa	mily Name) Fir	st Name (Gi	en Name)	Middle Initial	B. Date of Rehire	(if applicable) (mm/dd/yyyy)		
C. If employee's previous grant of employment presented that establishes current employ					ment from List A o	List C the employee		
Document Title: Document Number:					Expiration	n Date (if any) (mm/dd/yyyy)		
I attest, under penalty of perjury, that to the employee presented document(s),								
Signature of Employer or Authorized Repre-	sentative:	Date (mm	/dd/yyyy):	Print Name of E	mployer or Author	ized Representative		

Form 1-9 03/08/13 N Page 8 of 9

2 of 2 pages

Verify Information & Complete Blocks 3a-7c

If your only active duty time was training time in the Reserves Or National Guard, check the box "NO"

Fill in Military Service Branch, Dates, and Type of Discharge

Declaration for Federal Employment*

(*This form may also be used to assess fitness for federal contract employment)

Form Approved DMB No. 3206-0182

GENERAL INFORMAT	ION —						
	ull name. If you have only initials ou are a "Jr.," "Sr.," etc. enter th		nd indicate "Initial only". If you do not have a middle name, .ast, Suffix)				
+							
SOCIAL SECURITY NUME	BER 3a. PLACE C	OF BIRTH (Include city and st	tate or country)				
. ARE YOU A U.S. CITIZEN	2		4. DATE OF BIRTH (MM / DD / YYYY)				
YES NO (If "NO" p		*					
OTHER NAMES EVER US	ED (For example, maiden name	, nickname, etc)	6. PHONE NUMBERS (Include area codes)				
•		Day •					
			Night ♦				
elective Service Regi	istration -						
	United States military? he branch, dates, and type of training in the Reserves or N	of discharge for all active du					
Branch	From (MM/DD/YYYY)	To (MM/DD/YYYY)	Type of Discharge				
ackground Informati	on						
or all questions, provide all a but list will be considered. How	additional requested inform ever, in most cases you can	still be considered for Fede	n attached sheets. The circumstances of each event ral jobs. ea of nolo contendere (no contest), but omit (1) traffic				
nes of \$300 or less, (2) any vic	plation of law committed befo or under a Youth Offender la	re your 16th birthday, (3) ar w, (4) any conviction set as	ny violation of law committed before your 18th birthday if ide under the Federal Youth Corrections Act or similar				
(Includes felonies, firearms	ation of the violation, place o	demeanors, and all other of	ffenses.) If "YES," use item 16				
Have you been convicted b "YES," use item 16 to provi address of the military auti	de the date, explanation of ti						
	arges for any violation of law		rovide the date, explanation of YES NO				

Check "YES" or "NO"

U.S. Office of Personnel Management

of benefits, and other debts to the U.S. Government, plus defaults of Federally guaranteed or insured loans such as student and home mortgage loans.) If "YES," use item 16 to provide the type, length, and amount of the

During the last 5 years, have you been fired from any job for any reason, did you quit after being told that you would be fired, did you leave any job by mutual agreement because of specific problems, or were you debarred from Federal employment by the Office of Personnel Management or any other Federal agency? If "YES," use item 16 to provide the date, an explanation of the problem reason for leaving, and the employer's name and address.
 Are you delinquent on any Federal debt? (Includes delinquencies arising from Federal taxes, loans, overpayment

delinquency or default, and steps that you are taking to correct the error or repay the debt

50 SC 1702 2301 3304, 230 6 4711

Optional Form Jos Seylled October 2011

YES NO

If you checked "YES" to any above questions, you must leave response in Block 16

> Sign & Date Block 17b

Declaration for Federal Employment*

(*This form may also be used to assess fitness for federal contract employment)

Additional Questions

- 14. Do any of your relatives work for the agency or government organization to which you are submitting this form? (Include: father, mother, husband, wife, son, daughter, brother, sister, uncle aunt, first cousin, nephew, niece, father-in-law, mother-in-law, son-in-law, daughter-in-law, brother-in-law, sister-in-law, stepfather, stepmother, stepson, stepdaughter, stepbrother, stepsister, half brother, and half sister.) If "YES," use item 16 to provide the relative's name, relationship, and the department, agency, or branch of the Armed Forces for which your relative works.
- 15. Do you receive, or have you ever applied for, retirement pay, pension, or other retired pay based on military, Federal civilian, or District of Columbia Government service?

Continuation Space / Agency Optional Questions

16 Provide details requested in items 7 through 15 and 18c in the space below or on attached sheets. Be sure to identify attached sheets with your name, Social Security Number, and item number, and to include ZIP Codes in all addresses. If any questions are printed below, please answer as instructed (these questions are specific to your position and your agency is authorized to ask them).

Certifications / Additional Questions

APPLICANT: If you are applying for a position and have not yet been selected, carefully review your answers on this form and any attached sheets. When this form and all attached materials are accurate, read item 17, and complete 17a.

APPOINTEE: If you are being appointed, carefully review your answers on this form and any attached sheets, including any other application materials that your agency has attached to this form. If any information requires correction to be accurate as of the date you are signing, make changes on this form or the attachments and/or provide updated information on additional sheets, initialing and dating all changes and additions. When this form and all attached materials are accurate, read item 17, complete 17b, read 18, and answer 18a, 18b, and 18c as appropriate

17. I certify that, to the best of my knowledge and belief, all of the information on and attached to this Declaration for Federal Employment, including any attached application materials, is true, correct, complete, and made in good faith. I understand that a false or fraudulent answer to any question or item on any part of this declaration or its attachments may be grounds for not hiring me, or for firing me after I begin work, and may be punishable by fine or imprisonment. I understand that any information I give may be investigated for purposes of determining eligibility for Federal employment as allowed by law or Presidential order. I consent to the release of information about my ability and fitness for Federal employment by employers, schools, law enforcement agencies, and other individuals and organizations to investigators, personnel specialists, and other authorized employees or representatives of the Federal Government. I understand that for financial or lending institutions, medical institutions, hospitals, health care professionals, and some other sources of information, a separate specific release may be needed, and I may be contacted for such a release at a later date.

17a. Applicant's Signature	Data	Appointing Officer: Enter Date of Appointment for Conversion
(Sign In Ink)		SO (AAAA)
17b. Appointee's Signature:	Date	
(Sign in ink)		

18. Appointee (Only respond if you have peen empositions of life insurance during previous Federal employment may affect your eligibility for life insurance during your new appointment. These questions are asked to help your personnel office make a correct determination.

18a. When did you leave your last Federal job?				MM / DD / YYYY DATE:						
18b. When you worked for the Federal Government the last time, did you waive Basic Life Insurance or any type of optional life insurance?	Г	YES	Ť	NO		DO NOT KNOW				
18c, If you answered "YES" to item 18b, did you later cancel the waiver(s)? If your answer to item 18c is "NO," use item 16 to identify the type(s) of insurance for which waivers were not canceled.	Г	YES	F	NO	П	DO NOT KNOV				

U.S. Office of Personnel Management

50 SC 1/02 2301 330V 1711

President Cotober 2011

YES NO

YES NO

Check "YES" or "NO"

Only respond if you have been employed by the Federal Government before 2 of 2 page

SELF-IDENTIFICATION OF DISABILITY (see instructions and Privacy Act information on reverse)

Last Name, First Name, and MI	Date of Birth (mm/yy)	Social Security Number						
			ENTER CODE HERE——>					
Definition: An individual with a disability. A person who (1) or mental impairment (psychiatric disability) that more of such person's major life activities. (2) himpairment, or (3) is regarded as having such at its provided by the Rehabilitation Act of 1973, as seq.).	substantially limits one or as a record of such impairment. This definition							
Part I. Targeted/Severe Disabilities		Part II. Other Disabili	ties					
Hearing 18 - Total deafness in both ears (with or without	understandable speech)	Hearing Conditions 15 - Hearing impairment/h	nard of hearing					
Vision		Vision Conditions						
21 - Blind (inability to read ordinary size print, n or no usable vision, beyond light perception		22 - Visual impairments (e eye)	e.g., tunnel or monocular vision or blind in one					
salada Faranaya		Physical Conditions						
Missing Extremities 30 - Missing extremities (missing one arm or leg feet or legs, one hand or arm and one foot both feet or legs, both hands or arms and or or arms and both feet or legs)	or leg, one hand or arm and	26 - Missing extremities (one hand or one foot) 40 - Mobility impairment (e.g., cerebral palsy, multiple sclerosis, muscular dystrophy, congenital hip defects, etc.) 41 - Spinal abnormalities (e.g., spina bifida, scoliosis) 44 - Non-paralytic orthopedic impairments: chronic pain, stiffness, weekness in bones or joints, some loss of ability to use part or parts of						
Partial Paralysis		the body						
69 - Partial paralysis (because of a brain, nerve including palsy and cerebral palsy, there is or use a part of the body, including both hat legs; one side of the body, including one ar or more major body parts)	some loss of ability to move nds; any part of both arms or	51 - HIV Positive/AIDS 52 - Morbid obesity 61 - Partial paralysis of one hand, arm, foot, leg, or any part thereof 70 - Complete paralysis of one hand 80 - Cardiovascular/heart disease with or without restriction or limitation or activity, a history of heart problems w/complete recovery 83 - Blood diseases (e.g., sickle cell anemia, hemophilia)						
Complete Paralysis		84 - Diabetes	sione con aremia, nemoprima/					
79 - Because of a brain, nerve or muscle impair cerebral palsy; there is a complete loss of to of the body, including both hands; one or b half of the body; one side of the body, inclu- and/or three or more major body parts.	ability to move or use a part oth arms or legs; the lower	86 - Pulmonary or respiratory conditions (e.g., tuberculosis, asthma, emphysema, etc.) 87 - Kidney dysfunction (e.g., required dialysis) 88 - Cancer (present or past history) 93 - Disfigurement of face, hands, or feet (such as those caused by burn or gunshot wounds) and noticeable gross facial birthmarks						
Other Impairments 82 - Epilepsy		 Gastrointestinal disorders (e.g., Crohn's Disease, irritable bowel syndrome, colitis, celiac disease, dysphexia, etc.) History of alcoholism 						
90 - Severe intellectual disability		Speech/Language/Les	arning Conditions					
91 - Psychiatric disability 92 - Dwarfism		Speech/Language/Learning Conditions 13 - Speech impairment - includes impairments of articulation (unclear language sounds), fluency (stuttering), voice (with normal hearing), dysphasia, or history of laryngectomy 94 - Learning disability - a disorder in one or more of the processes involved in understanding, perceiving, or using language or concep (spoken or written) (e.g., dyslexia, ADD/ADHD)						
		Other Options						
		01 - I do not wish to identify my disability status. (Please read the notes on the next page.) (Note: Your personnel officer may use this code if, in his or her judgment, you used an incorrect gode.) 05 - I do not have a disability.						
		06 - I have a disability, but it is not listed on this form.						

If you do NOT have a Disability fill in "05"

SF 256 Revised July 2010 Previous editions not usable

Check all that apply

. Office of Personnel Management	ETHNICITY AND RACE IDENTIFICATION
side to Demonstal Data Standards	Village and the Drivery Act Obstanced and Instructions before an electric

(Please read the Privacy Act Statement and instructions before completing form.)

ne (Last, First, Middle Initial)	Social Security Number	Birthdate (Month and Year

Agency Use Only

Privacy Act Statement

RACIAL CATEGORY

Ethnicity and race information is requested under the authority of 42 U.S.C. Section 2000e-16 and in compliance with the Office of Management and Budget's 1997 Revisions to the Standards for the Classification of Federal Data on Race and Ethnicity. Providing this information is voluntary and has no impact on your employment status, but in the instance of missing information, your employing agency will attempt to identify your race and ethnicity by visual observation.

This information is used as necessary to plan for equal employment opportunity throughout the Federal government. It is also used by the U. S. Office of Personnel Management or employing agency maintaining the records to locate individuals for personnel research or survey response and in the production of summary descriptive statistics and analytical studies in support of the function for which the records are collected and maintained, or for related workforce studies

Social Security Number (SSN) is requested under the authority of Executive Order 9397, which requires SSN be used for the purpose of uniform, orderly administration of personnel records. Providing this information is voluntary and failure to do so will have no effect on your employment status. If SSN is not provided, however, other agency sources may be used to obtain it.

Specific Instructions. The two questions below are designed to identify your ethnicity and race. Regardless of your answer to question 1, go to question 2.

Question 1. Are You Hispanic or Latino? (A person of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin, regardless of race.) ☐ Yes ☐ No

Question 2. Please select the racial category or categories with which you most closely identify by placing an "X" in the appropriate box. Check as many as apply.

DEFINITION OF CATEGORY
A person having origins in any of the original peoples of North and South America (including Central America), and who maintains tribal affiliation or community attachment.
A person having origins in any of the original peoples of the Far East, Southeast Asia, or the Indian subcontinent including, for example, Cambodia, China, India, Japan, Korea, Malaysia, Pakistan, the Philippine Islands, Thailand, and Vietnam
A person having origins in any of the black racial groups of Africa.
A person having origins in any of the original peoples of Hawaii, Guam, Samoa, or other Pacific Islands.
A person having origins in any of the original peoples of Europe, the Middle East, or North Africa.

Standard Form 181 Revised August 2005 Previous editions not usable

42 U.S.C. Section 2000e-16

NSN 7540-01-099-3446

Section 8 Check All that apply

Sign & Date

Standard Form 144 (Rev. 10/95) Page 2

Office of Personnel Management

The Guide to Processing Personnel Actions

STATEMENT OF PRIOR FEDERAL SERVICE

	To be	Comple	ted by	Emplo	yee				
1. Name (Last, First, Middle Initial)	Social Security Number 3. D			3. Date	ate of Birth (Month, Day, Year)				
Does the application or resume that you submitt civilian and uniformed service, including beginning. Yes — If "Yes", check this block and skip to It	and endin	g dates, as	well as	the type	of appoin	tment ar		nedule for civilia	
5. List below your prior civilian service. Include ser	vice with	the DC Go	vernme	nt on app	ointments	made b	efore Octol	per 1, 1987.	
		FROM			то		TYP	E OF APPOINT	MENT
NAME AND LOCATION OF AGENCY		T			T		AND WORK SCHEDULE (Full-Time, Part-Time, or Intermittent		
	Year	Month	Day	Year	Month	Day			ntermittent
 During periods of employment shown in Item 5, ear? Yes — If "Yes", list the following information. 	did you ha	ave a total				sence w	ithout pay o	during any one c	alendar
TYPE OF ABSENCE, IF KNOWN		FROM			то		TOTAL		
(LWOP, Furlough, Suspension, AWOL, or Placement in Nonpay Status)	Year	Month	Day	Year	Month	Day	YEARS	MONTHS	DAYS
 List all uniformed service below. List active services in the commissioned or 									
		FROM			то				
BRANCH OF SERVICE	Year	Month	Day	Year	Month	Day	(Hono	DISCHARGE rable or Dishono	orable)
8. Do you claim any type of veterans' preference w □ No □ Yes — Check one of the stateme □ Spouse of a disabled veteran □	nts, if it ap	oplies to yo	u. I cla				Inmarried w	idow/widower o	f a vetera
Spouse of a disabled veteran Spouse of a disabled veteran	iniformed	contine liet		ov spelio	ation/recu			constitutes my	
Signature	eral Servic	e for which	i want	to claim	crean.		Date		

Previous Edition Usable

Fill in any Federal employment

Fill in any absence time while Federally employed **if applicable**

Fill in Title 10 time ONLY



State of Utah

UTAH NATIONAL GUARD

Gary R. Herbert Governor MG Jefferson S. Burton The Adjutant General 12953 MINUTEMAN DRIVE DRAPER, UTAH 84020-9288 (801) 432-4400

NGUT-HRO-TEC

29 October 2015

MEMORANDUM FOR ALL FEHB ELIGIBLE EMPLOYEES CARRYING TRICARE RESERVE SELECT INSURANCE (TRS)

SUBJECT: IMMEDIATE CANCELLATION OF TRS

Failure to report your FEHB eligibility to Tricare could cause you to pay back all monies paid on claims back to the date you became eligible for FEHB, plus you may face up to a \$5,000 fine.

I acknowledge receipt of this letter.

Print Name

Print Name

Sign

Signature

Jessica E. Bernal

Jessica E. Bernal SSgt, UTANG Human Resource Specialist Input today's Date

Attach DD214's that reflect Title 10 time & any Title 10 Orders that are not reflected on a DD214

Sign & Date

United States Office of Personnel Management Retirement Operations Center

Retirement Operations Cente Boyers, Pennsylvania 16017

Estimated Earnings During Military Service

Instructions: Use a separate Fil 20-97 for each branch of service. Attach DD 214 or the equivalent and any available records of pay or promotions. The pay center cannot provide estimated earnings without verification of service. The requester must complete blocks 1 through 10 and block 19. Visit the Defense Finance and Accounting Service website for the address to send this form and request your earnings at: www.dtas.mil/civilianemployees/customerservice.

1. Name (Last, first, middle)
2. Other names used
3. Social Security Number 4. Date of birth (mmidd/yyyy)
5. All military service numbers
6. Branch of service

The uniformed services must provide Federal employees' estimated basic pay for military service they performed after December 31, 1956. This is needed to make a deposit to the Child County and the State of the Sta

P					tionship to person named son named is requester Other (specify):				
10. Active mines, December 31. Indicated below on DD 214 or e certification.)	1956 (Dates w must be based	Estimated	icial of Retired Pay C Earnings (Base Pay vide estimated earnin	n		prior to January 1, 1957,			
From (mm/dd/yyyy)	To (mm/dd/yyyy)			Earnings	Type of Discharge				
	vice began before or December 31,	13 Lost time	Number of days				***************************************		
	te service actually	☐ None ☐		From /dd/yyyy)	To (mm/dd/yyy)	From (mm/dd/yyyy)	(mm/dd/yyyy)		
14. Signature of authorized official furnishing estimate					15 Date	16. Telephone nun	one number (including area code))		
17. Typed name of	authorized official				18. Title of auth	orized official			
19. Requesier's na	me and address (F	letum this complete	ed form to address	below)					
7.000.000.000.000.000.000.000.000.000.0		gradija ana kirina	.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,						

Verify Information

Ri 20-97 Revised May 2013 Previous editions are not usable

Take to Finance Packet

Air Guard Employees take deposit form and deposit documents to Finance

Army Guard Employees give your financial forms to USPFO

Sign & Date

FASTSTART

INSTRUCTIONS FOR PROCESSING FEDERAL EMPLOYEE PAYMENTS

Use: For processing Federal employee net salary, allotments, and other agency - approved payments associated with Federal employment (i.e. travel reimbursement, uniform allowance, etc.). Employee must complete items 1,2,3 and 5. Complete item 4 only if you want to start, cancel or change the amount of a savings or discretionary allotment - see instructions on back of form.

1. EMPLOYEE INFORMATION				
(SSN) EMPLOYEE PAYROLL	DENTIFICATION	NUMBER	1.52	1
EMPLOYE (as on payro	Il records)	ist, First, Initials)		
TELEPHONE NUMBER	(WORK)		(HOME)	
2. TYPE OF ACCOUNT Checking Savings TYPE OF PAYMENT Net Pay	A voided person See instructions ROUTING NUI	POSIT ACCOUNT INFORMATION AND A COUNTY INFORMA		/OTHER (Use Sec. 4 for allotments) ting this section.
Other Federal employment related payments		NT TITLE Account Holder's Name) AL INSTITUTION NAME		
4. ALLOTMENT INFORMATIO Complete this section only if you wa		change the amount of a savings	or discretionary allotment - s	ee instructions on back of form.
TYPE OF ALLOTMI (Check One) Savings (whole dollar Discretionary or Third	amounts only)	TYPE OF ACCOUNT (Check One) SAVINGS CHECKING	ACTION (Check One) START CANCEL	
ALLOTTEE NAME (person/company wi will receive allotmen				
ALLOTTEE'S ROUT	ING NUMBER	c	neck Digit	
ALLOTTEE'S ACCC	OUNT NUMBER			
ALLOTTEE'S ACCO				
FINANCIAL INSTITU	ITION MALE			
THORIZATION				
* EMPI	OYEE'S SIGNAT	URE		DATE
AGENCY USE:				
MC FORM 2224				DEPARTMENT OF THE TREASU

EDITION OF 4-90 IS OBSOLETE

Fill in your Information for blocks 1-3

Air Guard Employees take W-4 form to Finance

Army Guard Employees give your financial forms to USPFO

Fill in your Information

Sign & Date |

Form W-4 (2019)

Future developments. For the latest information about any future developments related to Form W-4, such as legislation enacted after it was published, go to www.irs.gov/FormW4.

Purpose. Complete Form W-4 so that your employer can withhold the correct federal income tax from your pay. Consider completing a new Form W-4 each year and when your personal or financial situation changes.

Exemption from withholding. You may claim exemption from withholding for 2019 if both of the following apply.

- For 2018 you had a right to a refund of all federal income tax withheld because you had no tax liability, and
- For 2019 you expect a refund of all federal income tax withheld because you expect to have no tax liability.

if you're exempt, complete only lines 1, 2, 3, 4, and 7 and sign the form to validate it. Your exemption for 2019 expires February 17, 2020. See Pub. 505, Tax Withholding and Estimated Tax, to learn more about whether you qualify for exemption from withholding.

General Instructions

If you aren't exempt, follow the rest of these instructions to determine the number of withholding allowances you should claim for withholding for 2019 and any additional amount of tax to have withheld. For regular wages, withholding must be based on allowances you claimed and may not be a flat amount or percentage of wages.

You can also use the calculator at www.irs.gov/W4App to determine your tax withholding more accurately. Consider using this calculator if you have a more complicated tax situation, such as if you have a working spouse, more than one job, or a large amount of nonwage income not subject to withholding outside of your job. After your Form W-4 takes effect, you can also use this calculator to see how the amount of tax you're having withheld compares to your projected total tax for 2019. If you use the calculator, you don't need to complete any of the worksheets for Form W-4.

Note that if you have too much tax withheld, you will receive a refund when you file your tax return. If you have too little tax withheld, you will owe tax when you file your tax return, and you might owe a penalty.

Filers with multiple jobs or working spouses. If you have more than one job at a time, or if you're married filing jointly and your spouse is also working, read all of the instructions including the instructions for the Two-Earners/Multiple Jobs Worksheet before beginning.

Nonwage income. If you have a large amount of nonwage income not subject to withholding, such as interest or dividends, consider making estimated tax payments using Form 1040-ES. Estimated Tax for Individuals. Otherwise, you might owe additional tax. Or, you can use the Deductions, Adjustments, and Additional Income Worksheet on page 3 or the calculator at www.irs.gov/W4App to make sure you have enough tax withheld from your paycheck. If you have pension or annuity income, see Pub. 505 or use the calculator at www.irs.gov/W4App to find out if you should adjust your withholding on Form W-4 or W-4P.

Nonresident alien. If you're a nonresident alien, see Notice 1392, Supplemental Form W-4 Instructions for Nonresident Aliens, before completing this form.

Specific Instructions Personal Allowances Worksheet

Complete this worksheet on page 3 first to determine the number of withholding allowances to claim.

Line C. Head of household please note: Generally, you may claim head of household filing status on your tax return only if you'reunmarried and pay more than 50% of the costs of keeping up a home for yourself and a qualifying individual. See Pub. 501 for more information about filing status.

Line E. Child tax credit. When you file your tax return, you may be eligible to claim a child tax credit for each of your eligible children. To qualify, the child must be under age 17 as of December 31, must be your dependent who lives with you for more than half the year, and must have a valid social security number. To learn more about this credit, see Pub. 972, Child Tax Credit. To reduce the tax withheld from your pay by taking this credit into account, follow the instructions on line E of the worksheet. On the worksheet you will be asked about your total income. For this purpose, total income includes all of your wages and other income, including income earned by a spouse if you are filing a joint return.

Line F. Credit for other dependents. When you file your tax return, you may be eligible to claim a credit for other dependents for whom a child tax credit can't be claimed, such as a qualifying child who doesn't meet the age or social security number requirement for the child tax credit, or a qualifying relative. To learn more about this credit, see Pub. 972. To reduce the tax withheld from your pay by taking this credit into account, follow the instructions on line F of the worksheet. On the worksheet, you will be asked about your total income. For this purpose, total

1 Your first name a		w by the IRS. Your employ Last name	er may be required to send a co		
Home address /r	number and street or rural	mutel	3 ∏Single ∏M	arried Married, but	withhold at higher Single rate.
SON WAS DEBUTE &					withhold at higher Single rate."
City or town, star	te, and ZIP code		The second state of the second		your social security card, or a replacement card. ►
5 Total number	of allowances you're	claiming (from the app	olicable worksheet on the fo	ollowing pages)	5
6 Additional arr	ount, if any, you war	it withheld from each p	aycheck		6 \$
The second secon		The first of the same of the s	that I meet both of the folk		xemption.
The second secon		d of all federal income t	tax withheld because I had	no tax liability, and	
	expect a refund of			E-bilike.	
		ive examined this certific	ate and, to the best of my kn	lowledge and belief, it is	true, correct, and complete
mployee's signature	unless you sign it.) ▶			Date >	
his form is not valid i				Date	10 Employer Idea

Fill in address, and blocks 3, 4, 5, 6, & 7

m W-4 @016)		

			Deduc	tions and A	djustments Works	sheet			
Note	. Use this wor	ksheet anly if	you plan to itemize d	leductions or	claim certain credits or	adjustments	to income.		
1 -	and local taxes income, and mi- and you are man	, medical expens scellaneous dedu rried filing jointly	es in excess of 10% (7.5 actions. For 2015, you may or are a qualifying widowle	% if either you on that to teduce to teduce to teduce to teduce to teduce to \$284,050 if you	ng home mortgage interest, or your spouse was born be your temized deductions if y are head of household, \$25 ling separately. See Pub. 505	fore January 2, 1 your income is o 8,250 if you are s	1951) of your vot \$309,900 ingle and not	1 \$	
	ſ s	12,600 if man	ried filing jointly or au	alifying wido	wier) 1				
2	Enter: S	9,250 if head	of household s or married filing seg		1 4 4 4 5	11:00	Fig. 14	2 \$	
3			. If zero or less, ente	A CONTRACTOR OF THE PARTY OF TH		3 4 4 4		3 \$	
4			경기 경기 가득하는 아르아이트 이 그 아들은 사이 가는 것이 없다고 있다.		additional standard de			4 \$	
5	Add lines 3	and 4 and e	nter the total. (Inclu	de any amou	nt for credits from the	Converting	Credits to	5 \$	
6					vidends or interest) .			6 \$	
7					the transfer of the transfer o			7 \$	
8					ere. Drop any fraction			8	
9					t, line H, page 1			9 -	
10					the Two-Earners/Mul			_	
10					nd enter this total on Fo			10	
					t (See Two earners				
Note					age 1 direct you here.				
1					ed the Deductions and A	diustments W	orksheet	1	
2	The state of the s				EST paying job and er				
2	The second second second	Comment of the Commen		A CONTRACTOR OF THE PERSON OF	ring job are \$65,000 or				
								2	
3					om line 1. Enter the re				
-			경영 경영 사업 시간 사람들은 경기 전환 경기를 받아 내 것이다.		of this worksheet		Carlo	3	
Note			, enter "-0-" on Form olding amount neces		age 1. Complete lines a year-end tax bill.	4 through 9 b	elow to	9 =	
4	Enter the nu	mber from line	2 of this worksheet			4			
5	Enter the nu	mber from line	e 1 of this worksheet			5			
6	Subtract line	e 5 from line 4						6	
7									
8					additional annual with			8 \$	
9	Divide line 8 t	by the number	of pay periods remain	ing in 2015. Fo	or example, divide by 25 here are 25 pay periods	if you are paid	l every two		
1	the result hen	e and on Form	W-4, line 6, page 1. T	his is the add	tional amount to be with	held from each	n paycheck	9 \$	1
		Tal	ole 1			Ta	ble 2		
b4	Married Filing	Jointly	All Othe	rs	Married Filing Jointly			All Othe	rs
	as from LOWEST job are –	Enter on fine 2 above	If wages from LOWEST paying job are =	Enter on line 2 above	if wages from HIGHEST paying job are	Enter on fine / above	If wages from paying job are		Enter on line 7 above
13,1 24,1 28,1 34,1 44,1 50,1 65,1	001 = 34,000 001 = 44,000 001 = 50,000 001 = 65,000 001 = 75,000	0 1 2 5 4 6 7 8	\$0 \$6,000 8,001 - 17,000 17,001 - 26,000 26,001 - 34,000 34,001 - 44,000 44,001 - 75,000 75,001 - 85,000 85,001 - 110,000 110,001 - 125,000	0 1 2 3 4 5 8	\$0 = \$75,000 75,001 = 135,000 135,001 = 205,000 205,001 = 360,000 360,001 = 405,000 405,001 and over	\$600 1,000 1,120 1,320 1,400 1,580	\$0 38,001 - 63,001 - 160,001 - 395,001 an	180,000	\$600 1,000 1,120 1,320 1,580
75,0		10	125,001 - 140,000	9					

Privacy Act and Paperwork Reduction Act Notice. We ask for the information on this form to carry out the Infernal Revenue Code asks of the United States, Internal Revenue Code accions 340(2)(2) and 6109 and their regulations require you to provide this information; your employer oses it to destrain poor federal incorner tax withholding. Faither to provide a properly completed form will nest in exposure to explice from will nest in explicit explosion may subject you to presides. Rounter uses of the information include giving it to the Department of Audition for chiral fligation; to clies, states, the District of Columbia, and U.S. commonwealths and possessions for use in administrating their bis laws, and to the Department of Health and Human Services for use in the stational Directory of New Here. We may also disclose this information to other countries under a tax treaty, to federal and state aspecties to andrere federal nontax criminal laws; or to federal law enforcement and intelligence agencies to combat terminal.

12

13

100,001 - 115,000 115,001 - 130,000

130,001 - 140,000

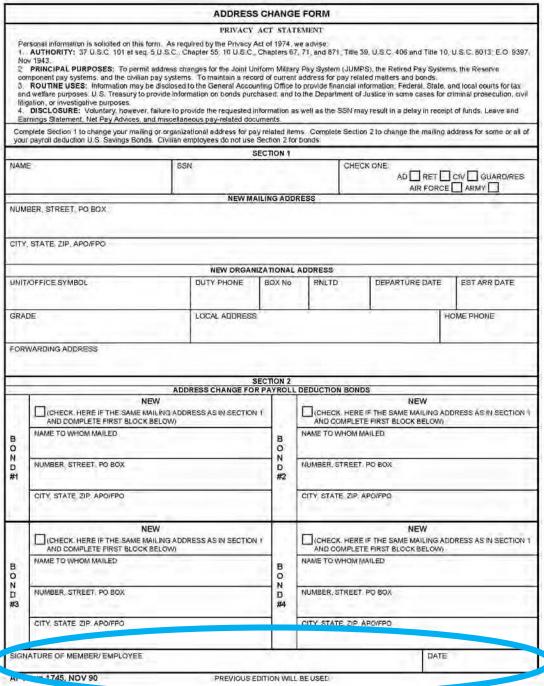
140,001 - 150,000

You are not required to provide the information requested on a form that is subject to the Paperwork Reducing Act whese the form displays a salf DMB control member. Books or records relating to a form on its instructions must be retained as long as their contents may become material in the administration of any Internal Revenue law. Generally, tax returns and return information are confidently as required by Code section 5103.

The average time and expenses required to complete and file this form will vary depending on individual circumstances. For estimated averages, see the instructions for your income tax return:

If you have suggestions for making this form sampler, we would be happy to hear from you. See the instructions for your income tax return.

Fill in your Information



Army Guard Employees give your financial forms to USPFO

Air Guard Employees take address change form to Finance

Air Guard Form ONLY!
Air Employees must
take AF IMT 3821 form
to Finance

EMPLOYEE ACCOUNTING DATA - DEFENSE CIVILIAN PAY SYSTEM - BASE LEVEI PRIVACY ACT NOTICE Protect data on this form IAW Privacy Act of 1974. This document(s) may contain personal or privileged information and should be treated as "For Official Use Only. nauthorized disclosure of this information may result in CIVIL and CRIMINAL penalties. If you are not the intended recipient or believe that you have received this locument(s) in error, do not copy, disseminate or otherwise use the information and contact the owner/creator or your Privacy Act officer regarding the documents(s). DoD) Directive 5400.11, "Department of Defense Privacy," May 8, 2007 UTHORITY: Air Force Instruction 65-601 Volume 2, Chapter 9. URPOSE: Source document used to imput or update a civilian employee's Defense Civilian Pay System (DCPS) line of accounting (LOA) data. ROUTINE USE: 1a. New and permanent change of station employee lines of accounting, 1b. All other employees whose LOA is changing, 2. Forward to the Civilian Payroll Office prior to end of pay period affected by the change to avoid adverse impact to employee pay record. Additionally, form must be processed timely to ensure the correct LOA is used to pay civilian employee. ISCI OSURB. Voluntary, However, failure to complete all fields and submit timely may result in delay of initial payment to employee and or incorrect LOA expensed. SECTION I: TO BE COMPLETED BY EMPLOYEE'S ORGANIZATIONAL RESOURCE MANAGER (RM). 1 PAGE OF LESS NAME (Last, First, Middle Initial) 2. OFFICE SYMBOL EMPLOYEE 3. MANPOWER POSITION WILL BE ASSIGNED TO CONTROL NUMBER (MPCN) SECTION II: THIS DATA IS COMPLETE. THE CIVILIAN PAYROLL OFFICE FOR INPUT INTO THE DCPS EMPLOYEE LEVEL ACCOUNTING CLASSIFICATION SCREEN. 4b. Does the MPCN in section I and the Program Element Code (First 5 positions) in section II of 4a. EMPLOYEE ID (SSN) this form match the Unit Maining Document? If not, contact the organizational budget office. (No Dashes) YES NA 5. DATE EFFECTIVE 6 DATE END Must be last day of the FY. This field will auto populate after the DCPS record is saved. 7 DEPARTMENTAL REPORTER Always Enter DEASDE 8. ACCOUNTING ACTIVITY 9. DEPT CODE/ AGENCY # 10. TRANSFER DEPARTMENT 11. FISCAL YEAR (One Digit) 12. BASIC SYMBOL/FUND 13. LIMITATION/SUBHEAD 14. FY R/O IDC Tor NI 15. FUND CODE/SUB STA 17. PGM/BUDGET VEAR 16. ASN/OBAN/BCN/HRS (One Digit) 18. OAC/DUTY STA 19. MFP/BPAC/PROJ CD/SABOC 20. PEC/AMT 21. RC/CC/FCP 22. ESP 23. EEIC SHRED Most Be Blank ASSIGNED: 24. JOB ORDER. 25. COST CENTER. 26. PERF CODE 27a, RM or LINE OF ACCOUNTING POC PRINTED NAME 27b. RM or LINE OF ACCOUNTING POC SIGNATURE 28. DATE SIGNED SECTION III: COMPLETED BY PERSON ENTERING ACCOUNTING CLASSIFICATION DATA INTO THE DEFENSE CIVILIAN PAYROLL SYSTEM 29a. PRINTED NAME 29b, SIGNATURE 30. DATE SIGNED SECTION IV: FORM MAINTENANCE AND DISPOSITION Maintenance: Form maintained for the duration the employee is part of the organization plus 2 years. Disposition: In accordance with National Archives and Records Administration, AFMAN 33-363, and Air Force Records Disposition Schedule located in AFRIMS Reset Form Print Form AF FORM 3821, 20170801 PREVIOUS EDITIONS ARE OBSOLETE

Fill in your information

Supervisors fill out Section 2 and 3, then you will bring to finance



New Technician Checklist

Name:	Area of Assignment:
Phone Number Direct Supervisor:	
EDIPI (on the back of your ID o	ard)MIL email:
Para/Ln:	
Start Date:	Tour Type: Perm Temp circle one (89 or less) (90-364) (365+)
Schedule: Mon-Fri	Mon-ThursTues-Fri Tech Type: GSWG
Required Documenta	ation:
Direct Depo	sit
Address Ch	ange
W4	
Input into DCPS:	_ Date:
	Date:
Finance Technician	Initials (when input is complete).

Fill in your information

FEDERAL HEALTH & DENTAL CARRIERS

GEHA - CHERYL MERRILL

CHERYL.MERRILL@GEHA.COM

AETNA/ALTIUS/MAIL HANDLERS – SCHANN HOLLADAY

SEHOUADAY@AETNA.COM

BLUE CROSS BLUE SHIELD - KIMBERLY SPARKS

KIMBERLY.SPARKS@REGENCE.COM

SELECT HEALTH - ANTHONY HOWELL

ANTHONY. HOWELL@SELECTHEALTH. ORG

Take home Packet

Employee Benefits



Army Benefits Center-Civilian (ABC-C)

"Army's Benefits Counseling and Processing Service"

Benefits Election Guide



Check out the ABC-C's New Employee Orientation Briefing!

View at: https://www.abc.army.mil/NewEmployee/NewEmployeeOrientation.htm

BENEFIT OPTIONS		ENROLLMENT To make an election or change, visit or call:			
TSP	Thrift Savings Plan (retirement savings and investment plan) Enroll Anytimel	ABC-C https://www.abc.army.mil 1-877-276-9287 TDD: 1-877-276-9833	To make investment allocations, access your account, view rates of return, etc: Thrift Savings Plan www.tsp.gov 1-TSP-YOU-FRST (1-877-968-3778) TDD: 1-877-847-4385		
<u>13313</u>	Federal Employees Health Benefits	60 days https://www.	BC-C v.abc.army.mil 276-9287 77-276-9833		
<u>FEGLI</u>	Federal Employees Group Life Insurance	60 days https://www	BC-C <u>7.abc.army.mil</u> 276-9287 77-276-9833		
FSAFEDS	Flexible Spending Accounts (pre-tax accounts for out-of-pocket health & dependent care expenses)	60 days or 1-877-FSAFEDS	AFEDS afeds.com 6 or (1-877-372-3337) 00-952-0450		
EEDYP rederal Employees Penial And Vision Insurance Program	Federal Employees Dental and Vision Insurance Program (supplemental dental/vision insurance)	60 days <u>www.BEN</u> 1-877-888-FEDS	EFEDS EFEDS.com or 1-877-888-3337 '7-889-5680		
FLTCIP	Federal Long Term Care Insurance Program (for assisted living expenses)	60 days 1-800-LTC-FEDS	TCIP <u>cfeds.com</u> S (1-800-582-3337) 00-843-3557		

NOTE: Enrollment changes generally require permissible events after the initial new hire enrollment period. For more information on benefits, also visit http://www.opm.gov/insure.

^{*}Special rules apply for those hired later in the year - see https://www.fsafeds.com/fsafeds/SummaryOfBenefits.asp#EnrollNew.

^{**}Eligible individuals can apply at anytime subject to full underwriting.

How will you know if your transaction has processed?

Most transactions are processed overnight. You can verify your transaction by revisiting the website or calling the ABC-C. You can also verify your transaction by reviewing your LES.

ABC-C is good for you!

- Fast, easy access to current and complete information.
- Automated system ensures accuracy.
- Convenience You are in control of your benefits and entitlement transactions.
- Knowledgeable and trained counselors available to provide assistance.

ABC-C VISION

Provide responsive quality service that allows Army serviced civilian employees to manage their benefit and entitlement portfolios.

Timely

Accurate

Efficient

Beneficial

Automated

Consistent

Modern

Caring









OVERSEAS TOLL-FREE NUMBERS

Belgium	0800-78245
Germany	
Italy	
Japan	00531-1-20378
Korea	
Kuwait	1-877-276-9287
Netherlands	0800-232739
Saudi Arabia	1-877-276-9287
United Kingdom	

Department of the Army Army Benefits Center-Civilian 301 Marshall Avenue Fort Riley, KS 66442-5004 1-877-276-9287

Army Benefits Center-Civilian



Need Assistance? It's As Easy As ABC...

January 2014



ARMY BENEFITS CENTER-CIVILIAN

What can the Army Benefits Center-Civilian do for you?

The ABC-C provides automated benefits support to Army-serviced appropriated fund employees through the Employee Benefits Information System (EBIS) and trained benefits counselors.

- EBIS is a web application that allows you to access general and personal benefits information and conduct electronic transactions using a computer. The system contains comprehensive information and personalized benefits statements.
- Benefits counselors are knowledgeable on life and health insurance, Thrift Savings Plan, and retirement issues. They are available to assist you in completing your benefits transactions in EBIS.

The ABC-C provides services in the following program areas:

- Retirement (Civil Service & Federal Employees Retirement Systems)
- Thrift Savings Plan (TSP)
- Federal Employees Health Benefits (FEHB)
- Federal Employees' Group Life Insurance (FEGLI)
- Survivor Benefits

How Do You Use ABC-C?

You can access EBIS through the ABC-C website at https://www.abc.army.mil. From a government computer, you are able to log into EBIS using your Common Access Card (CAC). Click on "Employee Benefits Information System (EBIS)," then enter your Social Security Number and ABC-C PIN. To access EBIS from home, you must have an installed and operational CAC reader. Information on CAC readers and installation instructions are available on the Army Knowledge Online (AKO) website, https://www.us.army.mil.

Customers in the 50 states can reach a benefits counselor by calling the toll-free number 1-877-ARMY CTR (1-877-276-9287). Overseas customers, see the back of this brochure for toll-free numbers accessed through a commercial/civilian telephone. For additional information, visit the ABC-C website. EBIS is available seven days a week, 24 hours a day. Benefits counselors are available Monday through Friday from 6:00 a.m. to 6:00 p.m. Central Time (CT).

How Do You Get Your PIN?

Initially, your ABC-C PIN will be a four-digit number equivalent to your month and year of birth (MMYY). For security purposes, once you access EBIS, you must change it to a new six-digit number. Your ABC-C PIN will not expire.



For Health Benefits, Life Insurance & Thrift Savings Plan services, you will:

- Log on to EBIS through the ABC-C website with your Social Security Number and ABC-C PIN.
- Select the tab for the desired topic.
- Review general information available in each subject area.
- Review personal information from your records.
- · Make changes to your benefits.
- Verify the action on your Leave and Earnings Statement (LES).
- . Speak to a benefits counselor.



HEALTH INSURANCE

Unexpected accidents and illnesses can be expensive. Even routine doctor visits and prescriptions can add up. With FEHB, you can get comprehensive health insurance coverage for you, your spouse, and your children under age 26.

There are no waiting periods and no restrictions on pre-existing conditions. All plans offer preventative services at no cost when received from a Preferred Provider. This includes childhood immunizations, screenings for cancer, diabetes, and high blood pressure, and tobacco cessation services and medications. No matter where you live, you have 11 or more health plan options to choose from, each covering:

- · Routine physical exams
- · Doctor's office visits
- Specialist visits
- · Lab tests
- Prescriptions

- Ambulance services
- · Inpatient hospital care
- Surgery
- · X-rays
- Maternity care

- Urgent care
- · Mental health services
- Stop smoking aids
- Physical therapy
- And more

Who can enroll?

Most Federal employees are eligible

Annuitants may be eligible to continue their FEHB coverage into retirement if they meet certain requirements

Check with your human resources office if you are unsure

When can I enroll?

During your first 60 days as a newly eligible employee; or

During the Federal Benefits Open Season (mid-November to mid-December); or

When you have a qualifying life event such as marriage, divorce, or birth

How much does it cost?

It depends on what plan you select

Each pay period, you pay about 30% of the premium and your agency pays about 70%

Generally you also pay part of the cost for any service you receive

How do I enroll?

Use your agency electronic enrollment system, or

visit www.opm.gov/forms and submit form SF 2809 to your human resources office

Annuitants not currently enrolled in FEHB cannot enroll after retirement

Online tools can help you select the right plan for your family:

Use the plan comparison tools at www.opm.gov/FEHBcompare

Complete cost and coverage information for each plan available at www.opm.gov/health

MORE INFO: www.opm.gov/health

For complete information, including terms and conditions, please review each plan's brochure.

U.S. OFFICE OF PERSONNEL MANAGEMENT

The Federal Employees Dental and Vision Insurance Program (FEDVIP)

DENTAL INSURANCE

If you want more dental coverage than what your health plan offers, FEDVIP provides **comprehensive dental insurance with no waiting periods** (except orthodontia in some plans). You have several plans to choose from, each covering:

Routine exams and cleanings X-rays Crowns Root canals Dentures Fillings Orthodontics And morel

Who can enroll?

Federal employees who are eligible to enroll in FEHB health insurance, but you do not have to be enrolled in FEHB

Annuitants receiving an immediate annuity regardless of FEHB eligibility

Contact your human resources office if you are unsure of your eligibility

Who is covered by my enrollment?

Self Only covers just you

Self Plus One covers you and one specified eligible family member: your spouse or one unmarried dependent child under age 22

Self and Family covers you, your spouse, and all your unmarried dependent children under age 22 listed on your enrollment

When can I enroll?

During your first 60 days as a newly eligible employee; or

During the Federal Benefits Open Season (mid-November to mid-December); or

When you have a qualifying life event such as marriage or losing other dental coverage

How much does it cost?

It depends on what plan you select and where you live. Some areas pay higher premiums than others

Routine basic services like exams and cleanings are covered 100% when you use a network dentist. For other services, you usually pay part of the cost out-of-pocket

Online tools can help you select the right plan for your family:

Plan comparison tools available at www.opm.gov/FEDVIPcompare
Complete cost and coverage information for each plan available at www.opm.gov/dental

ENROLLMENT INFO: www.benefeds.com or 1-877-888-3337

For complete information, including terms and conditions, please review each plan's brochure.



VISION INSURANCE

If you want more vision coverage than what your health plan offers, FEDVIP provides **comprehensive vision insurance for you and your eligible family members.** You have 4 plans to choose from, each covering:

Routine eye exams
Contact lenses
Discounts on laser eye surgery
Eyeglass frames and lenses

Lens options such as shatter-resistant polycarbonate; scratch-resistant, anti-reflective, and UV coatings; and tinted and progressive lenses

Who can enroll?

Federal employees who are eligible to enroll in FEHB health insurance, but you do not have to be enrolled in FEHB

Annuitants receiving an immediate annuity regardless of FEHB eligibility

Contact your human resources office if you are unsure of your eligibility

Who is covered by my enrollment?

Self Only covers just you

Self Plus One covers you and one specified eligible family member: your spouse or one unmarried dependent child under age 22

Self and Family covers you, your spouse, and all your unmarried dependent children under age 22 listed on your enrollment

When can I enroll?

During your first 60 days as a newly eligible employee; or

During the Federal Benefits Open Season (mid-November to mid-December); or

When you have a qualifying life event such as marriage or losing other vision coverage

How much does it cost?

It depends on what plan you select. Vision premiums start at around \$3 biweekly (\$7 monthly) for Self Only

All plans provide benefits for your choice of either glasses or contacts

Online tools can help you select the right plan for your family:

Plan comparison tools available at www.opm.gov/FEDVIPcompare

Complete cost and coverage information for each plan available at www.opm.gov/vision

ENROLLMENT INFO: www.benefeds.com or 1-877-888-3337

For complete information, including terms and conditions, please review each plan's brochure.



The Federal Flexible Spending Account Program (FSAFEDS)

FLEXIBLE SPENDING ACCOUNTS

More than 420,000 Feds use pre-tax dollars to save an average of **30%** on their family's health care and dependent care expenses.

When your insurance only covers part of an expense, or doesn't cover it at all, you're stuck with the bill. Joining FSAFEDS is like getting a **30% discount** on what you, your spouse, and your eligible children under 26 spend on:

Prescriptions

Deductibles & copayments

Office visits

Lab tests

Ambulance

Transportation (if it's a purely medical trip) Eyeglasses

Prescription sunglasses

Contact Lenses

Laser eye surgery Orthodontics

Birth control pills

In vitro fertilization

Massage Therapy

Sunblock

First aid kits

Diabetes testing supplies

Hand sanitizer

Wheelchairs and walkers

And more!

You can also use FSAFEDS pre-tax dollars to save about **30%** on your **family's dependent care expenses**. It's like a 30% discount on:

For your children under age 13:

- · Day care
- Summer day camp
- Babysitting
- · Before and after school care
- Housekeeper whose duties include child care

Non-medical care for any adult who is mentally or physically incapable of self-care, who you claim as a dependent on your tax return, and who lives with you, such as your:

- · Parent, grandparent, or in-law
- · Spouse, sibling, or adult child

You file claims by mail, fax, or online. Some insurance plans will file claims automatically for you. FSAFEDS' quickly reimburses you for these expenses with pre-tax dollars you've set aside from your pay.

- · The annual contribution minimum is \$100 for each kind of FSAFEDS account
- Health care participants have until December 31st to incur eligible expenses and can carry over up to \$500 of unused funds into another health care account in the subsequent year if requirements are met
- Dependent care participants have a grace period of an additional 2½ months (January 1 through March 15) to
 continue to incur eligible expenses against their prior year balance if requirements are met. Dependent care
 participants cannot carry over funds from one benefit period into another
- You can enroll during the Federal Benefits Open Season and must actively re-enroll each year to remain enrolled

MORE INFO: www.FSAFEDS.com or 1-877-372-3337

For complete information, including terms and conditions, please visit www.FSAFEDS.com.



LIFE INSURANCE

FEGLI can help you **protect your loved ones** from burdensome funeral costs and catastrophic loss of your income if you die unexpectedly.



Amount of Coverage: Your annual salary rounded up to the next \$1,000, plus \$2,000 Who is Covered?: You

Cost each biweekly pay period: 15¢ per \$1,000 of coverage (Free for postal employees)
Cost increases with age?: No

Newly eligible employees automatically enrolled?: Yes, unless you waive coverage



Amount of Coverage: \$10,000

Who is Covered?: You

Cost each biweekly pay period: Starting at 20¢

Cost increases with age?: Yes

Newly eligible employees automatically enrolled?: No, you must elect this coverage



Amount of Coverage: 1, 2, 3, 4, or 5 multiples of your salary rounded up to the next \$1,000

Who is Covered?: You

Cost each biweekly pay period: Starting at 2¢ per \$1,000 of coverage

Cost increases with age?: Yes

Newly eligible employees automatically enrolled?: No, you must elect this coverage



Amount of Coverage: 1, 2, 3, 4, or 5 multiples. Each multiple equals \$5,000 for the life of your spouse and \$2,500 for the life of each eligible child

Who is Covered?: Your spouse and unmarried dependent children under age 22

Cost each biweekly pay period: Starting at 22¢ per multiple

Cost increases with age?: Yes

Newly eligible employees automatically enrolled?: No, you must elect this coverage

I want to	When can I do this?	How can I do this?	
Enroll or increase coverage	First 60 days as a new or newly eligible employee; or Within 60 days after a life event (marriage, divorce, death of spouse, acquire an eligible child); or Life insurance Open Season (not annual - infrequent); or When you pass a physical exam (Option C excluded)	Use your agency's electronic enrollment system; or Go to opm.gov/forms/standard-forms Submit form SF 2817 to your human resources office Bring a blank form SF 2822 to your human resources office (physical exam applications only)	
Cancel or reduce coverage Anytime		Use your agency's electronic enrollmer system or submit form SF 2817 to your HR office	
Designate a (new) Anytime beneficiary		Submit form SF 2823 to your HR office	

MORE INFO: www.opm.gov/life

For complete information, including terms and conditions, please visit www.opm.gov/life.



LONG TERM CARE

If you cannot perform everyday tasks such as eating, dressing, and bathing because of a chronic illness, injury, disability, or aging, FLTCIP can help you pay for the assistance you need.

Who can apply for coverage?	Why would someone need long term care?	Where would someone receive care?	Cost without long term care insurance \$32,000/year \$47,000/year	
Most Federal employees (check with your human resources office if you are unsure of your eligibility), Annuitants regardless of FEHB eligibility	Car accidentSports accidentDisabling injuryAlzheimer's	Home Assisted living facility		
And their qualifying relatives, including: • Spouse • Domestic partner • Adult children • Parents and parents-in-law (of employees only)	Stroke Multiple sclerosis Parkinson's Other disabling condition Old age	Nursing home	\$91,000/year *Nat'l averages, John Hancock 2016 Cost of Care Survey	

How much coverage should I get?	How much does it cost?	How do I get coverage under the Federal Long Term Care Insurance Program (FLTCIP)?		
Use the Cost of Care In Your Area tool at	Premiums are based on your age when you apply	You must apply, answer health questions, and be approved for enrollment. Your qualified relative can apply even if you do not		
LTCfeds.com Consider how much of your own savings you can spend on long term care	Premiums are not guaranteed and may change in the future Use the Calculate Premiums tool at LTCfeds.com	 First 60 days as newly eligible employee (fewer questions - employee & spouse only) First 60 days after employee's marriage (fewer questions - spouse only) Long term care open season (fewer questions - infrequent) Anytime (more questions - all eligible individuals) 		

MORE INFO: www.LTCfeds.com

For complete information, including terms and conditions, please visit www.LTCfeds.com-



FEHB Plans:

Go to https://www.opm.gov/

Select "Insurance" tab

Click "Healthcare"

Click "Plan Information"

Select on "UT" from the map

Click on the plan brochure of the health insurance you would like to learn about

*Note: Once you click on the brochure and have found the insurance plan you would like to choose make sure to write down the enrollment code found on the first page of the brochure.

To Compare FEHB Plans:

Go to http://www.opm.gov/fehbcompare

Enter in your zip code and click "search"

Check "Non-Postal"

Click "Next"

Check "Biweekly"

Click "Next"

From here you can check the box next to the plans you would like to compare

At the bottom of the page click "Compare Plans"

Dental and Vision Enrollments

BENEFEDS

For enrollment/premium questions regarding the Federal Employees Dental and Vision Insurance Program, please contact BENEFEDS at 1-877-888-FEDS (1-877-888-3337), TTY 1-877-889-5680.

You must use BENEFEDS to enroll or change enrollment in a FEDVIP plan. www.benefeds.com is a secure enrollment website sponsored by OPM. If you do not have access to a computer, call to enroll or change your enrollment.

The BENEFEDS phone representatives can be reached by phone during the following hours:

Non-Open Season

. 9:00 a.m. to 7:00 p.m. Eastern Time, Monday through Friday

Open Season

- . 8:00 a.m. to 9:00 p.m. Eastern Time, Monday through Friday
- · Closed on weekends and Thanksgiving day.
- 8:00 a.m. to Midnight, Eastern Time, last day of Open Season, Monday, December 11.

Vision Plans

All vision plans provide nationwide and international coverage.

AetnaVision

Plan Type - Preferred Provider Organization (PPO) 877-459-6604

www.aetnafeds.com

FEP BlueVision

Plan Type - Preferred Provider Organization (PPO) 888-550-2583

www.fepblue.org/benefitplans

UnitedHealthcare Vision

Plan Type - Preferred Provider Organization (PPO) 866-249-1999

www.myuhcvision.com/fedvip

Vision Service Plan (VSP)

Plan Type - Preferred Provider Organization (PPO) 800-807-0764

www.choosevsp.com

Dental Plans

Nationwide Plans - Nationwide plans include nationwide and international coverage.

Aetna

Plan Type - Preferred Provider Organization (PPO) 1-877-459-6604

www.aetnafeds.com

Delta

Plan Type - Preferred Provider Organization (PPO) 855-410-3255

www.deltadentalfeds.org

FEP Blue

Plan Type - Preferred Provider Organization (PPO) 1-855-504-2583

www.fepblue.org

GEHA

Plan Type - Preferred Provider Organization (PPO) 877-434-2336

www.gehadental.com

MetLife

Plan Type - Preferred Provider Organization (PPO) 888-865-6854

www.federaldental.metlife.com

United Concordia

Plan Type - Preferred Provider Organization (PPO) 877-394-8224

www.uccifedvip.com

Humana

Plan Type - Preferred Provider Organization (PPO) 877-888-3337

www.feds.humana.com

Mail Handlers

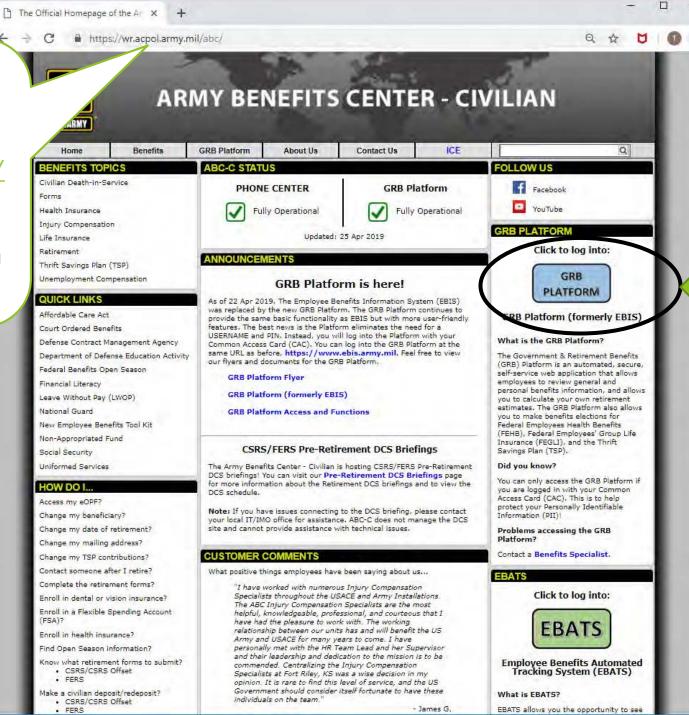
Plan Type - Preferred Provider Organization (PPO) 800-410-7778

www.mhbp.com

How to Enroll



for information, announcements and access to GRB Platform to enroll

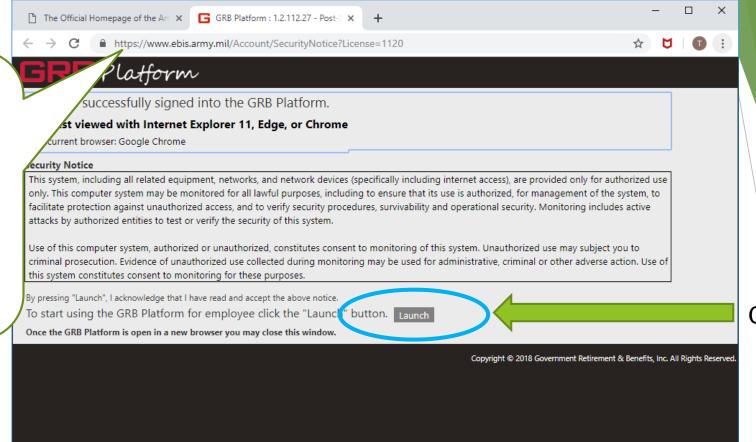


Click on

"GRB Platform"

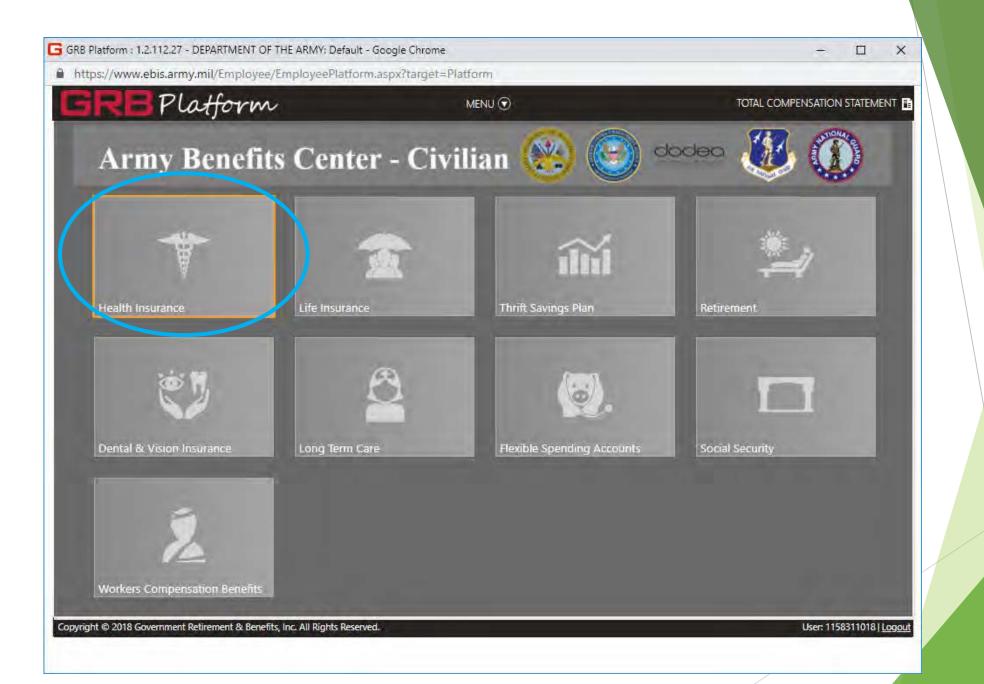
Go to www.ebis.army.mil/

to enroll in Health Insurance (FEHB), Life Insurance (FEGLI) and the Thrift Savings Plan (TSP).



Click "Launch"





GRB Platform : 1.2.112.27 - D	EPARTMENT OF TH	IE ARMY: Default - 0	Google Chrome				_		×
https://www.ebis.army.	mil/Employee/Er	mployeePlatform.	aspx?target=Platform						
GRB Pla	Horm		MENU (€		TOTAL COMPENS	SATION S	TATEMEI	NT E
Federal Employ	ees' Healt	h Benefits	(FEHB) Program	m				(8
Employees can choose fro Health Plans (HDHP). Emp qualifying life event. Perm or regulation. The Office o plan and option an emplo	m Fee-for-Service loyees can enroll, anent employees of Personnel Mana yee chooses and . Part-time emplo	e (FFS) plans, Heal , make changes, o and certain temp agement (OPM) ha are shared by the yees receive a pro	Ith Maintenance Organiza r cancel coverage during orary employees are elig as the overall responsibili employee and the emplo prated contribution and to	ations (HM) the annual ible for cov ity for the a oying Agen emporary e	insurance program for Federal e O), Consumer-Driven Health Plai Federal Benefits Open Season of erage unless their appointment dministration of the FEHB Progr cy. The employing Agency's sha mployees are responsible for thes es this option.	ns (CDHP), and Hi or if the employee is excluded from ram. Premiums are re is set by law an	gh Dedu experie coverage based nd canno	uctible ences a e by law on the ot excee	W
Current FEHB Enrollm Plan Name: N/A Plan Option: N/A Enrollment Code: N/A	ent				Premium per Pay Period Employee Cost: Agency Cost: Premium Conversion: Parti				
Plan Details Plan Brochure: N/A Plan Website: N/A Telephone: N/A									
Transactions			it a FEHB Transaction +	Resourc					
Entered 04/23/2019 08:18 PM		Type New Enrollment	Status Pending	B Fe	escription deral Employees Health Benefits edicare ew Employee Benefits Orientatio				
opyright © 2018 Government Re				 -	deral Employees Health Benefits				•

Questions:

If you have any questions about GRB, contact the Army Benefits Center- Civilian toll Free at 1-877-276-9287
M-F 6:00 am to 6:00 pm CT

National Guard Policy and Information

Customs And Courtesies

- ▶ Remember to greet all officers as sir or ma'am
- ► Those in Uniform must salute when appropriate
- Call members by military rank if member is in uniform



UTAH NATIONAL GUARD

Gary R. Herbert Governor MO Jefferson S. Burton The Adjutant General 12953 MINUTEMAN DRIVE DRAPER, UTAH 84020-9286 (801) 432-4400

NGUT-HRO

1 August 2018

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Policy Letter 18-02, Physical Training (PT)

- 1. Applicability. This policy letter is applicable to all Service members, Title 32 Military Technicians, Title 5 employees, and State employees of the Utah National Guard and supersedes policy 13-20, same subject, dated 11 June 2013.
- 2. Purpose. To provide an opportunity for all full-time personnel to participate in a physical-fitness program designed to promote overall good health, fitness, and mental well-being.
- 3. Policy. This policy authorizes employees to participate in a physical fitness program one hour per 10-hour workday, four days per week. Supervisors will manage employees according to the policy. Employees are responsible for educating themselves concerning health and fitness issues.
- a. Mission requirements/accomplishment will always be the prime consideration when participating in the PT program. PT will be scheduled to ensure mission accomplishment, while also providing maximum opportunity for the employee to participate in the program. Supervisors are authorized to make a final determination on the periods of participation by employees based on current mission requirements.
- b. The PT period can be utilized any time during the workday with approval from the immediate supervisor. Where shift work is required, employees on all shifts must be afforded the opportunity to participate in the program.
- c. The PT period starts and ends at an individual's assigned work location; however, the immediate supervisor can authorize an alternate PT location if warranted.
- d. Employees may choose to combine the one-hour PT period with the 30-minute lunch period for a total of 90 minutes with supervisor approval.
- e. Employees are authorized to use commercial or public facilities at their own expense (schools, public pools, health clubs, spas, etc.) with the approval of the immediate supervisor.

NGUT-HRO

SUBJECT: Policy Letter 18-02 Physical Training (PT)

- f. Use of federal government vehicles to travel to a commercial or public facility is not authorized.
- g. Employee's wishing to use Vanpool or Rideshare vehicles to travel to a commercial or public facility will abide by the program's terms and conditions.
- h. Employees are not authorized to perform PT at a private residence during duty hours.
- i. Safety. Safety must be a primary consideration when participating in any PT program. Employees must wear proper safety equipment when participating in any activity; this includes proper safety pads, helmets or other appropriate equipment. Reflective belts, vests and highly visible clothing are mandatory for outdoor activities during times of limited visibility.
- 4. The Department of Labor (DOL) does not allow workers compensation for injuries caused or aggravated while performing contact sporting events for PT. Additionally, any injury that is caused or aggravated at a supervisor approved alternate PT location will not be covered under workers compensation.
- 5. Point of contact for this policy is the UTNG Human Resource Officer.

JEFFERSON S. BURTON

Major General

The Adjutant General, Commanding

DISTRIBUTION: A, D, E, & F

2



UTAH NATIONAL GUARD

Gary R. Herbert Governor MG Jefferson S, Burton The Adjutant General 12953 MINUTEMAN DRIVE DRAPER, UTAH 84020-9286 (801) 432-4400

NGUT-HRO

1 August 2018

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Policy Letter 18-01, Dress Code

- 1. Applicability. This policy applies to all Service members, Title 32 Military Technicians, Title 5 employees, and State and contract employees of the Utah National Guard. This policy supersedes policy 13-21, same subject, dated 11 June 2013.
- 2. Purpose. To identify appropriate dress and grooming standards for all employees.
- 3. Policy. The Agency provides a variety of services to a wide range of customers. It is important that employees wear business attire that is professional in appearance and appropriate for their assignment.
- a. When in civilian attire, a neat and professional appearance is required. This policy does not require the wear of specific clothing materials or styles, but does prohibit clothing that is deemed unsafe, unhealthy, soiled or unclean, or disruptive to the work environment. IAW Technician Personnel Regulation 715, employees not in compliance with this dress code may be considered not ready, willing, and able to work. The following are prohibited at any Utah National Guard facility while on duty:
 - (1) Flip-flops.
 - (2) Tank-tops, spaghetti straps, and tube tops.
- (3) Visible face or body piercings (not including earings and nose studs). All piercings must not exceed 16 gauge.
- (4) Revealing clothing (e.g. mid-drifts, high-cut shorts or skirts, low-cut or see-through shirts, tattered or ripped clothing, and low hanging pants).
- (5) Anything with offensive writing, emblems, or symbols that are racist, sexually explicit, advocate violence, or political in nature.
 - (6) Clothing with names, slogans, or advertisements of alcohol or tobacco.
- b. Civilian personnel will generally wear business casual clothing and footwear that is compatible with their assigned position; jeans and athletic footwear are authorized. Individuals who interact with the public as part of their duty responsibilities may be required to wear business professional attire (suits or sport coats with tie, or female equivalent).

NGUT-HRO

SUBJECT: Policy Letter 18-01, Dress Code

- c. In accordance with Title VII of the Civil Rights Act, 42 U.S.C. §2000e, exceptions for religious reasons can be made. Reasonable accommodations for medical needs can also be made. Supervisors will manage this policy for employees and the work environment, and will not discriminate or enforce clothing standards based upon gender, age, or cultural differences.
- d. Employment Badges. The HRO will issue organizational ID badges to all employees not required to wear a uniform. The badge must be worn so that it is readily visible to those who come in contact with the employee. Employees are required to wear their ID badges at all times while on duty, when not performing hazardous duties.
- (1) Badges must be worn above the waist and displayed front-side-out so that the name and duty position are always visible.
- (2) Badges will not be covered with pins, ornaments, stickers, or any other objects. Employees will ensure the front face of the badge is clean and clearly visible at all times.
- (3) Lost, misplaced, stolen, or worn out badges must be replaced at the earliest possible date through the HRO. Badge replacement fee is five dollars.
- (4) Managers and supervisors will ensure that employees reporting to work are wearing their badge.
- (5) For security reasons, employees should not wear these badges outside of the building.
- e. Servicemembers will wear the designated duty military uniform, to include military coveralls if appropriate, IAW current regulation/policy. Wear of coveralls is limited to employees assigned to shop/maintenance facilities. For the purpose of this policy, the entire Draper complex is considered a shop/maintenance facility for personnel assigned to maintenance units. Shirts must be worn under coveralls, and employees wearing military coveralls on a daily basis will maintain a military uniform at the work site for wear if needed.
- f. Appropriate exercise clothing for the activity being performed is authorized only during periods of physical fitness training.
- 4. Point of contact for this policy is the UTNG Human Resource Officer.

JEFFERSON S. BURTON

Major General

The Adjutant General, Commanding

DISTRIBUTION: A, D, E, & F

2

What A Federal Employee Should Do When Injured At Work



Report to Supervisor Every job-related injury should be reported as soon as possible to your supervisor. Injury also means any illness or disease that is caused or aggravated by the employment as well as damage to medical braces, artificial limbs and other prosthetic devices.

Obtain Medical Care Before you obtain medical treatment, ask your supervisor to authorize medical treatment by use of form CA-16. You may initially select the physician to provide necessary treatment. This may be a private physician or, if available, a local Federal medical officer/hospital. Emergency medical treatment may be obtained without prior authorization. Take the form CA-16 and form OWCP-1500/HCFA-1500 to the provider you select. The form OWCP-1500/HCFA 1500 is the billing form physicians must use to submit bills to OWCP. Hospitals and pharmacies may use their own billing forms. On occupational disease claims form CA-16 may not be issued without prior approval from OWCP.

File Written Notice In traumatic injuries, complete the employee's portion of Form CA-1. Obtain the form from your employing agency, complete and turn it in to your supervisor as soon as possible, but not later than 30 days following the injury. For occupational disease, use form CA-2 instead of form CA-1. For more detailed information carefully read the "Benefits ..." and "Instructions ..." sheets which are attached to the Forms CA-1 and CA-2.

Obtain Receipt of Notice A "Receipt" of Notice of Injury is attached to each Form CA-1 and Form CA-2. Your supervisor should complete the receipt and return it to you for your personal records. If it is not returned to you, ask your supervisor for it.

Submit Claim For COP/Leave and/or Compensation For Wage Loss If disabled due to traumatic injury, you may claim continuation of pay (COP) not to exceed 45 calendar days or use leave. A claim for COP must be submitted no later than 30 days following the injury (the form CA-1 is designed to serve as a claim for continuation of pay). If disabled and claiming COP, submit to your employing agency within 10 work days medical evidence that you sustained a disabling traumatic injury. If disabled beyond the COP period, or if you are not entitled to COP, you may claim compensation on form CA-7 or use leave. If disabled due to occupational disease, you may claim compensation on form CA-7 or use leave. A claim for compensation for disablitly should be submitted as soon as possible after it is apparent that you are disabled and will enter a leave-without-pay status.

The Federal Employees' Compensation Act (FECA) is administered by the U.S. Department of Labor, Office of Workers' Compensation Programs (OWCP). Benefits include continuation of pay for traumatic injuries, compensation for wage loss, medical care and other assistance for job-related injury or death. For additional information about the FECA, read pamphlet CA-11, "When Injured at Work" or Federal Personnel Manual, Chapter 810, Injury Compensation, available from your employing agency. The agency will also give you the address of the OWCP Office which services your area.

Post on Employees' Bulletin Board

U.S. Department of Labor
Office of Workers' Compensation Programs





Labor Union Information Sheet

Technicians in the Utah Army National Guard are eligible to be members of the bargaining unit and are represented by Laborers International Union of North American (LIUNA Local 1724).

To access a copy of the current Collective Bargaining Agreement, visit the HRO Website, or logon to the website below.

http://www.ut.ang.army.mil/hroDocuments%204%20website/Union%20Contract.pdf

Local union officials may be contacted for more information on what the union has accomplished for this organization, and what the union can do for you.

Derek Washburn, State Representative	CSMS (Draper)	801-432-4182
Jake Withers, Executive Board Member	CSMS (Draper)	801-432-4591
Kevin Lowe, Delegate	UTES (Camp)	801-878-5527
Michael Parke, Delegate	FMS 2 (WJ)	801-608-6240
Shawn Saybolt, Delegate	AASF (WJ)	801-816-3512
Gerald Green, Delegate	CSMS (Draper)	801-432-4588

Chapter 17

STANDARDS OF CONDUCT

All technicians are required to maintain high standards of honesty and integrity and to conduct business in an ethical manner. You are required to perform your assigned duties conscientiously and always conduct yourself in a manner that reflects credit on you and the National Guard. If your conduct is in violation of any statute, regulation, or other proper authority, you will be held accountable. Violation of any standard of conduct may be the basis for disciplinary action. It is not the intent of this publication to list every restriction or requirement imposed by law, regulation or other proper authorities. Some of the prohibited acts that can result in disciplinary action are:

- Using a government vehicle without authorization
- Misusing official and/or classified information
- Gambling and betting on duty
- · Misusing government property such as, supplies, personal computers,
- · telephones, or fax equipment
- Using a government-issued travel card for personal use
- · Refusing to cooperate in an administrative investigation
- Accepting gifts and favors from subordinates or customers
- · Filing fraudulent claims
- . Using illegal drugs, alcohol or intoxicants while on duty
- Misusing government postage/mail
- Making false statements
- Engaging in illegal political activity
- Using obscene or vulgar language
- Accepting outside employment that conflicts with your technician dulles
- · or discredits the National Guard

Your actions must never discredit the National Guard, whether you are on-duty or off.

Chapter 18

DISCIPLINE AND ADVERSE ACTION

<u>DISCIPLINARY ACTIONS:</u> A disciplinary action may be an action from an oral admonishment to a letter of reprimand. An oral admonishment lets you know you must stop doing certain things (example: tardiness). A letter of reprimand is a disciplinary action without an adverse action connected to it. It is a written notification of the problem with a warning of what might happen if the situation is not corrected. The timeframe that the letter of reprimand will remain in effect in your Official Personnel Folder (OPF) is typically 1-3 years. Letters of Reprimand can be grieved through the negotiated grievance procedure for bargaining unit technicians, and through the agency administrative grievance procedures for non-bargaining unit technicians.

ADVERSE ACTIONS: There are three types of adverse actions:

- Suspension without pay
- Reduction to lower grade
- · Removal from technician employment

Due process measures to protect a technician from an unfair adverse action include the right to an appellate review of the case file or an administrative hearing. The final level of appeal on adverse actions rests with The Adjutant General

APPEAL AND GRIEVANCE PROCEDURES. There are specific grievance and appeal procedures outlined in the labor-management contract. A copy of this contract can be obtained from the HRO.

Bedrock Standards (5 CFR 2635.101(b))

- Public service is a public trust (b)(1)
- Employees:
 - shall not solicit or accept a gift from person or entity seeking official action from, doing business with, or conducting activities regulated by the employee's agency (b)(4)
 - ▶ shall not use public office for private gain (b)(7)
 - shall avoid actions creating the appearance of violating the law or the standards in 5 CFR 2635.101 - (b)(14)
- When an issue doesn't fall squarely within the rules, look to these principles for guidance

Gifts

- ▶ 5 C.F.R. 2635.202(a)
- An employee shall not, directly or indirectly, solicit or accept a gift
 - ► From a prohibited source or
 - Given because of the employee's official position



MEMBER ACCESS

CLINICIANS

REQUEST

HOM

ABOUT US

SERVICES

EAP BENEFITS

CHOOSING AN EAF

CONTACT US

Search EAPConsultants.com...

Services

Clinical Services

Work/Life Services

Wellness Services

HELPNET

Nurse HelpLine

Smoking Cessation

Online Services

Management and

Organizational Consultation

Human Resource Consultation

Critical Incident Stress

Debriefings

Drug-Free Workplace

Identity Theft and Prevention

Ethics ReportLine

Program Promotion and

Training

Quality improvement

Clinical Services

EAP Consultants, LLC offers in-person and telephone assessment, counseling, referral, monitoring, and follow-up in our private offices:

Assistance is available for a wide range of personal issues including:

Stress

Relationship Difficulties

Marital & Family Problems

Eating Disorders

Medical Problems

Work Related Difficulties

Life Transitions

Emational Problems

Crisis

Substance Abuse Psychiatric Disorders

Grief and Losa

Our network of clinicians includes:

Licensed Psychologists

Licensed Clinical Social Workers

Licensed Professional Counselors

Certified Addiction Counselors

Licensed Marriage & Family Counselors

Certified Employee Assistance

Professionals

Clinician Qualifications

We carefully select, screen and oversee our network of clinicians to ensure the highest level of service. Our clinicians are licensed/certified, have a masters or doctorate in the mental health field, and at least three years of post-graduate practice, including EAP experience. Many have specialized expertise and training allowing them to better serve our participants. Our network clinicians are consistently rated as good to excellent on our participant surveys.



Example LES

	De	epartment of	Defens	e			08/14/0	
CIV	ILIAN LEA	VE AND EAR DEAS WEBSITE AT	NINGS	STATEM	ENT		12/05/00	
DOE JANE Q		G512 / 02	22.16	25.	25	43876.00 -	23788 = 46254.00	MOCHET
000 00 0000		5.42	E	100	node	240	01/01/0	
999-99-9999 H HANGE MITCHEN HE MT		15 (MACHINE) MINISTRA ALIFE	100	12	02/88	240 n (1980) 107	Distriction of the first	u
AMSOUTH BANK OF FLORIDA		PEN AIR FEDERAL		The state of the s		and the same of th	TON BANK	
FED S 1 AL S P1/D10 GA 5 1	10	100003 S 100006 S	11 1	× •e	MOBILE NR.	S CM	(La frei A) manor	2 Marie agen
REGES PAY GROSS PAY TAXABLE WAGES TAXABLE WAGES TAX DEFERRED WAGES DEDUCTIONS ABIC	1810.68 1668.86 235.39 934.53	27751.80 26358.40 1393.40 12267.97	TS/	P DATA	13%			
NET PAY	876.15	15493.83						
TWI STOREGANG	440011	CURI	RENT EAR			me	HOSPINICATO	MICH
REGULAR 80.00	1772,80							
OVERTIME 1.50	37.88	RETRO	HOUSELAND			me	HE PERSONAL PROPERTY.	MICH
1WE COM	Disease.	-EARTE STATE	EDUCTIO	NS THE	CISE	parent .	CHAP ED DATE	
ALLOTMENTS.SV (1) MEDICARE	175.00 26.25	2575,00 402,40		FEGLI RETIRE, FERS CHARITY	C K	8,09 14,18 3,00	123.48 216.78 48.00	
FEHB 104 TAX, FEDERAL TAX, LOCAL 100006	23.22 288.42	369,04 4518.52 10.00		CASDI TAX, LOCAL TAX, STATE	100003 AL	112.26 16.18 21.58	1720.61 263.58 351.44	
TAX, STATE GA	10,79	175,72		TSP SAVINGS		235.39	1487.61	
THE SHARE SHARE	Accine	enert.	LEAVE	Light .	DOMESTIC		CLUMNINT	-m-cm/
ANNUAL 177.00 SICK 47.25 HOLIDAY ADMIN	6.00 4.00	90.00	1.00	59.50 32.00 32.00 12.00	HETURNE		207.50. 75.25	37.50
TWE	TISSEN	BENEFITS PAID	BY GOVE	RNMENT FOR	YOU	(GORDA)	WANTO DATE	
MEDICARE OASDI	26.25 105.55	402.40 955.22		RETIRE, FERS		14.18 123.44	216.78 369.04	
			REMARK	S				

F5-440 Leave and Earnings Statement

Leave Accrual Rates

Employee Type	Less than 3 Years of service	3 years but less than 15 years of service	15 or more Years of service
Full-time employees Indefinite Permanent	(4 Hours) for each pay period	(6 Hours) for each pay period, except 1 ½ day (10 hours) in last pay period	(8 Hours) for each pay period
Part-time employees* Not Temporary	I hour of annual leave for each 20 hours in pay status	1 hour of annual leave for each 13 hours in pay status	1 hour of annual leave for each 10 hours in a pay status
Uncammon tours of Duty*	(4 hours) times (average # of hours per biweekly pay period) divided by 80 = biweekly accrual rate.**	(6 hours) times (average # of hours per biweekly pay period) divided by 80 = biweekly accrual rate.**	(8 hours) times (average # of hours biweekly pay period) divided by 80 = biweekly accrual rate.**

Annual Leave: See chart above. Note: Title 10 time will change your service computation date, which could change the number of hours you would receive. We need your DD214's to make this happen. In addition, any prior federal service will also change your service computation date. Title 32 or AGR does not count. This also applies to temporary employees.

Temporary employees with less than 90 days: Receive no annual leave.

Temporary employees over 90 days: Employee accrues leave but cannot take annual leave for 90 days. If employee is unable to use leave, they will be paid in a lump sum at the end of their appointment,

Sick Leave: Temporary and Indefinite/permanent employees earn 4 hours per pay period.

Military Leave: All Indefinite/Permanent employees will receive 120 hours of military leave.

Waiting Periods between Pay Step Increase

GS Employees (10 Steps)

1 year - 52 calendar weeks of creditable service between steps 2, 3 and 4

2 years - 104 calendar weeks of creditable service between steps 5, 6 and 7

3 years - 156 calendar weeks of creditable service between steps 8, 9 and 10

WS, WL, WG Employees (5 Steps)

6 months - 26 calendar weeks of creditable service from step 1 to 2

18 months - 78 calendar weeks of creditable service from step 2 to 3

2 years - 104 calendar weeks of creditable service from step 3 to 4

2 years - 104 calendar weeks of creditable service from step 4 to 5

5 minute Break

No Fear Act DVD

Watch video
No Fear Act: Part I "Introduction and Whistleblowing"

Watch video No Fear Act: Part II "Discrimination Based on Race, Color and National Origin"

Watch video

No Fear Act: Part III "Discrimination Based on Religion"

Watch video No Fear Act: Part IV "Sex and Age Discrimination"

Watch video No Fear Act: Part V "Disability and Retaliation"

Watch video No Fear Act: Part VI "What Do You Do?"



Watch video New Hire Safety Essentials

DON'T FORGET!!

Army Guard:

*G1-If you have a Bonus or GI Kicker <u>you must</u> speak with someone in Education. As a full time title 32, you are not eligible for Bonus' and kickers. (801) 432-4545

*USP&FO - Direct Deposit paperwork, W-4 and change of address form.

* G2 - Background check. (801) 432-4538

*G3 - Activate CAC for facility access and for Title 5 employee name badges. (801) 432-4883

*G6 - Computer access. Complete on-line training at Helpdesk. (801) 432-4357

Air Guard:

*If you have a Bonus or GI Kicker you must see: retention in recruiting. As a full time title 32 employee, you are not eligible for Bonus' and kickers. (801) 245-2441

All:

FEHB: You have 60 days (from date of hire) to enroll in Federal Health Insurance. Remember to enroll through EBIS at www.abc.army.mil

FEGLI: You have 60 days (from date of hire) to make changes to your Federal Life Insurance. By law you are automatically enrolled in "basic option". To stop this you will need to go in and waive this insurance.

TSP: You are able to select this anytime through EBIS at www.abc,army.mil and you are automatically enrolled for 3%.

* If you didn't turn in your DD214's for title 10 time please remember to send in ASAP for your Military Buy Back and to update your leave balance.

HRO Points of Contact

Retirements/Buy Backs	801-432-4240
Benefits/EBIS/Performance Management	801-432-4219
Staffing/Jobs	801-432-4241
Staffing/Jobs	801-432-4239
Training/Education	801-432-4147
EEO	801-432-4548
OWCP/ Army Mass Transit	801-432-4243
HRO Fax Number	801-432-4700



Read and Initial each box



Name	Date

Army Guard HRO Employee In-Processing

Employee will initial each area.

	Annual Leave – 1-3 years=4 hours/3-15 years=6 hours/15 years or more=8 hours a pay period. Given to full-time employees and employees with tours of at least 90 days.
	Sick leave – 4 hours per pay period.
	Military leave – 120 hours given to new full-time Technicians. 120 hours beginning of each fiscal year.
	Health Insurance – 60 days to elect health benefits. Open season yearly. Full- time employees only. Sign-up on ABC-C website.
	Flexible Spending - Tax free money set aside for out of pocket health costs.
	Life Insurance – 60 days to elect FEGLI. Rarely an open season. Full-time employees only. Sign-up on ABC-C website. Automatically enrolled for Basic coverage.
	Thrift Savings (TSP) - Full-time employees only. Automatically signed-up for 3%.
	Pornography/Illegal Internet Sites—Zero tolerance. DON'T DO [T] You will be terminated from employment.
	Union Contract-Labor Union Information Sheet given at time of in processing. Copy of current Collective Bargaining Agreement available HRO website.
	Compatibility - Ensure military and civilian positions are compatible.
	GI Bill/Kicker/Bonus – See Marilyn Antipolo, (801) 432-4545, (technicians are not eligible). Office located in G1.
	My Biz/Army Benefits Center-Civilian (ABC-C) – Handouts given and programs explained.
	Uniform- Ensure military and civilian attire discussed.
	Trial/Probation – Your first year of employment is a trial period. You can be terminated at anytime, for any reason, between the 4 th and 11 th month if retention is not recommended.
	USP&FO-Direct deposit, W-4, and change of address form.
	G2-Background Check, (801) 432-4538. Office located in G-2
	G3-Activate CAC for facility access. See Provost Marshall, (801) 432-4883. Office located in G3.
	G6-Computer access training located at G6 helpdesk, (801) 432-4357.
	Occupational Health-Medical screening (801) 432-4906.
	Performance Plan-Employee must complete within 30 days.
III	As of 11 Documber 2014

AIR FORCE CHECKLIST

Read and Initial each box

Name	Date

Air Guard HRO In-Processing

Employee will initial each area.

Annual Leave - 1-3 years=4 hours/3-15 years=6 hours/15 years or more=8 hours a pay period. Given to full-time employees and employees with tours of at least 90 days.
Sick leave – 4 hours per pay period.
Military leave – 120 hours given to new full-time Technicians. 120 hours beginning of each fiscal year.
Health Insurance – 60 days to elect health benefits. Open season yearly. Full- time employees only. Sign-up on ABC-C website.
Flexible Spending - Tax free money set aside for out of pocket health costs.
Life Insurance – 60 days to elect FEGLI. Rarely an open season. Full-time employees only. Sign-up on ABC-C website. Automatically signed-up for Basic coverage.
Thrift Savings (TSP) – Full-time employees only. Automatically signed-up for 3 %.
Pornography/Illegal Internet Sites—Zero tolerance. DON'T DO IT! You will be terminated from employment.
Compatibility - Ensure military and civilian positions are compatible.
Uniform- Required for military positions.
Trial/Probation – Your first year of employment is a trial period. You can be terminated at anytime, for any reason, between the 4 th and 11 th month if retention is not recommended.
Bonus and Kickers – Full time employees loose these incentives. See MSG Mario Reeves, Retention, HQ Bldg 25.
My Biz/Army Benefits Center-Civilian (ABC-C) – Handouts given and programs explained.
Performance Plan - Employee must complete within 30 days.

Make copy for employee and put original in file.

APPOINTMENT AFFIDAVITS

Verify Information

Position to which Appointed)			(Date Appoin	ited)
Department or Agency)	(Bureau or	- Division)	(Place of Em	ployment)
				e de la companya de
			do solemniy swea	ar (or affirm) that
OATH OF OFFICE				
I will support and defend the nat I will bear true faith and a eservation or purpose of eva thich I am about to enter. So	llegiance to the same, t sion; and that I will well	hat I take this obli	gation freely, with	out any mental
AFFIDAVIT AS TO S	TRIKING AGAINST	THE FEDERA	L GOVERNM	ENT
nd I will not so participate whereof.	nile an employee of the	Government of the	e United States o	
and I will not so participate whereof. AFFIDAVIT AS TO TO I have not, nor has anyone	nile an employee of the one of th	Government of the ID SALE OF O	e United States o	r any agency
and I will not so participate whereof. C. AFFIDAVIT AS TO TO I have not, nor has anyone	nile an employee of the one of th	Government of the ID SALE OF O	e United States o	r any agency
and I will not so participate whereof. C. AFFIDAVIT AS TO THE	nile an employee of the one of th	Government of the ID SALE OF O	e United States o	r any agency
nd I will not so participate whereof. AFFIDAVIT AS TO TO I have not, nor has anyone	nile an employee of the one of th	Government of the ID SALE OF O	e United States o	r any agency
nd I will not so participate whereof. AFFIDAVIT AS TO TO I have not, nor has anyone	nile an employee of the one of th	Government of the ID SALE OF O	e United States of FFICE omised or paid an integral	r any agency
and I will not so participate whereof. AFFIDAVIT AS TO	nile an employee of the HE PURCHASE AN acting in my behalf, give coeiving assistance in se	Government of the ID SALE OF O	e United States of FFICE omised or paid an integral	r any agency
and I will not so participate withereof. AFFIDAVIT AS TO TO I have not, nor has anyone or in expectation or hope of results. Bubscribed and sworn (or affi	nile an employee of the HE PURCHASE AN acting in my behalf, give coeiving assistance in se	Government of the ID SALE OF O	e United States of FFICE omised or paid an integral	r any agency
and I will not so participate whereof. C. AFFIDAVIT AS TO TO I have not, nor has anyone	nile an employee of the HE PURCHASE AN acting in my behalf, give coeiving assistance in se	Government of the ID SALE OF O	e United States of FFICE omised or paid an integral	r any agency
and I will not so participate whereof. AFFIDAVIT AS TO THE I have not, nor has anyone or in expectation or hope of resources. Subscribed and sworn (or affinit	nile an employee of the HE PURCHASE AN acting in my behalf, give coeiving assistance in se	Government of the D SALE OF O on, transferred, procuring this (Signature of A day of	e United States of FFICE omised or paid an integral	r any agency
and I will not so participate whereof. AFFIDAVIT AS TO THE I have not, nor has anyone or in expectation or hope of resources. Subscribed and sworn (or affinit	nile an employee of the HE PURCHASE AN acting in my behalf, give coeiving assistance in se	Government of the ID SALE OF O on, transferred, proceedings this (Signature of A day of (State)	e United States of FFICE omised or paid an invest.	r any agency
and I will not so participate whereof. C. AFFIDAVIT AS TO THE I have not, nor has anyone or in expectation or hope of resolutions and sworm (or affiliate.)	nile an employee of the HE PURCHASE AN acting in my behalf, give coeiving assistance in se	Government of the D SALE OF O on, transferred, procuring this (Signature of A day of	e United States of FFICE omised or paid an invest.	r any agency
and I will not so participate whereof. C. AFFIDAVIT AS TO THE I have not, nor has anyone or in expectation or hope of resolutions. Subscribed and sworn (or affinite.)	Timed) before me this	Government of the ID SALE OF O en, transferred, proceeding the Common Security of A day of	e United States of FFICE omised or paid an invest.	r any agency

Sign Here

Standard Form 61
Revised August 2002
NSN 7540-00-634-4015
Revised August 2002

Questions?

END FOR TEMPS ONLY

Army Personnel

- G3 CAC Building Access
- ►G2 Background Check
- ► USP&FO Direct Deposit Paperwork
- ▶G6 Computer Access
- ► Occupational Health

Thrift Savings Plan (TSP)

Thrift Savings plan

- Provides a choice of tax treatment for contributions
 - Traditional (pre-tax) contributions and tax differed investment earnings and
 - Roth (after-tax) contributions with tax-free earnings at retirement.
- Provides the opportunity to increase your retirement income
- ► TSP offers two approaches to investing your money:
 - L Funds are "Lifecycle" Funds invested in a mix of stocks, bonds & government Securities
 - Individual Funds are the G, F, C, S and I funds

THRIFT SAVINGS PLAN INFORMATION FOR

FERS NEW HIRE/REHIRE

Congratulations on your appointment/reappointment with the Utah National Guard. This position is covered by the Federal Employees' Retirement System (FERS) and as a result you have been automatically enrolled in the Thrift Savings Plan (TSP). The TSP is a retirement savings and investment plan for Federal employees and is similar to "401(k)" plans available to many private sector employees. The purpose of the TSP is to provide you the opportunity to participate in a long-term retirement savings and investment plan. The TSP is one of the three parts of the FERS retirement program. (The FERS Basic Annuity and Social Security are the other two parts.)

Automatic Enrollment

The amount of your automatic contribution to the TSP is 3% of your basic pay which will be deposited into your TSP account every pay period. These contributions are deducted from your pay and are tax-deferred for purposes of Federal and, in most cases, state income tax. In addition, DOL-ETA will deposit Agency Matching Contributions equal to your 3% deposit. Plus you also receive an Agency Automatic (1%) Contribution that is equal to 1% of your basic pay. All totaled with your contributions and those from DOL-ETA, the equivalent of 7% of your basic pay will be deposited into your TSP account each pay period. This is a good start toward saving for retirement; however, you can easily increase the amount of your contributions and receive additional Agency Matching Contributions, making your retirement savings grow even faster. See the paragraphs, Employee Contributions and Agency Matching Contributions.

Stop Automatic Enrollment

However, if you do not wish to contribute to your TSP account you can request to stop the automatic enrollment process. To stop the automatic enrollment process before any contributions are deducted from your pay, you must complete Form TSP-1, Election Form, and immediately turn it in during your Entry on Duty Session (EOD) and no later than the end of the first pay period after you EOD. If you stop your contributions, you are not eligible to receive Agency Matching Contributions. You will still receive the Agency Automatic (1%) Contributions. Also, it is possible that payroll may not be able to stop your first contribution to the TSP. If this happens, you can leave the contribution in your TSP account or you can make a request to the TSP to return your contribution. To request a refund of your contribution, read the paragraph titled Refund of Automatic Enrollment Contributions.

Rehired with a break in service of 30 days or less

If you are rehired or transferred into a position covered by FERS [or another agency equivalent, i.e. FSPS] and your break in service from your last covered position is 30 days or less, the [agency name] will reinstate your prior TSP election. You will not become automatically enrolled in the TSP; however, you may change or stop your TSP election, and if you were not previously contributing, you may choose to elect to contribute to the TSP at any time.

Employee Contributions

You may elect to increase, decrease, or stop your contributions to your TSP account at any time. To make a contribution election, complete the Form TSP-1, Election Form, and return it to the HR Representative during your EOD session. You may specify a whole percentage of basic pay that you want to contribute each pay period, or you may specify a whole dollar amount. Whether you specify a percentage or dollar amount of your pay, your total contributions for the year cannot exceed the internal Revenue Code's elective deferral limit for the year.

The limit for 2010 is \$16,500. Your contribution election will remain in effect until you make another election to change the amount of your contributions or to stop them. You should consider increasing your contributions to at least 5% of your basic pay each pay period during the year in order to receive all of the Agency Matching Contributions for which you are eligible. If you reach the IRC limit before the end of the year, the TSP cannot accept additional contributions and as a result you will not receive the Agency Matching Contributions for the remaining pay dates in the year. The TSP has a calculator on its website (www.tsp.gov) under Planning for Retirement to assist you in maximizing your employee and Agency Matching Contributions each year.

Agency Contributions

Because you have been automatically enrolled in the TSP, effective your first pay period, DOL-ETA will begin making Agency Matching Contributions to your TSP account. Even if you stop contributing your own money, DOL-ETA will make Agency Automatic (1%) Contributions that will equal 1% of the basic pay you earn for the pay period. If you are making Employee Contributions, you will also begin receiving Agency Matching Contributions to your TSP account. The first 3% of pay that you contribute each pay period will be matched dollar for dollar, and the next 2% that you contribute will be matched 50 cents on the dollar.

As a result of your automatic enrollment, you are contributing 3% of your pay and receiving Agency Matching Contributions of 3%. However, if you increase your employee contributions to 5% you will then receive Agency Matching Contributions of 4% each pay period. This means the equivalent of

10% of your basic pay will be saved toward your retirement each pay period (5% your Employee Contribution + 4% Agency Matching Contributions + 1% Agency Automatic Contribution = 10% in your TSP account). Your agency contributions will also be invested according to your contribution allocation on file with the TSP on the date the contributions are posted to your account.

Catch-up Contributions

If you are age 50 or older or will turn age 50 by the end of this year, you may make an additional election to contribute catch-up contributions. This is a separate election that will request your agency to deduct additional tax-deferred TSP contributions from your pay. To make catch-up contributions, complete the TSP-1-C Form Catch-up Contribution Election Form, and return it to the HR Representative during your EOD session. You must elect a whole dollar amount from your basic pay each pay date.

The maximum amount you may contribute in catch-up contributions for 2010 is \$5500. This amount of tax-deferred contributions is in addition to the amount you may contribute through the regular TSP

election discussed in the paragraph above. You will not receive Agency Matching Contributions on the amount you elect to contribute through catch-up contributions. Your catch-up contribution election will remain in effect either until you make another election to change the amount of or stop your contributions, or until the last pay date of the calendar year. You must make a new election to contribute catch-up contributions each year.

Refund of Automatic Enrollment Contributions

You may request a refund of the employee contributions that were deducted from your pay during the first 90 days that you were automatically enrolled. To do so, you must send Form TSP-25, Automatic Enrollment Refund Request, which you will receive with your Welcome Letter from the TSP. Your properly completed Form TSP-25 must be returned to the TSP using the address on the form and must be received by the TSP no later than the date provided in the TSP Welcome Letter. Do NOT return the form to DOL-ETA. Make sure you read the directions on Form TSP-25 as well as the instructions in the TSP Welcome Letter.

If you were previously employed by the Federal Government and were automatically enrolled, you are not eligible for a refund of the automatic enrollment contributions for subsequent periods, unless one full calendar year (January through December) has passed since your last automatic enrollment contribution (visit the TSP website for more details). The amount of your refund will be your automatically withheld employee contributions and any gains or losses from the performance of your investment(s). Although the Agency Automatic (1%) Contributions and their earnings will remain in your TSP account; you will forfeit any Agency Matching Contributions and their earnings. Also, requesting a refund of your automatic enrollment contributions will not stop future contributions from being deducted from your pay. You must complete Form TSP-1, Election Form, and return it to the HR Representative during your EOD session.

Establishing Your TSP Account

Your TSP account will be established when DOL-ETA submits your first contributions. Once your account is established, the TSP will send three separate mailings to you: (1) a TSP Welcome Letter which includes your TSP account number, (2) your TSP Web password, and (3) your ThriftLine Personal Identification Number (PIN). Along with your Welcome Letter, you will receive the TSP booklet Managing Your Account, which provides valuable information on TSP investment options, making a contribution allocation, requesting an interfund transfer, and how to designate beneficiaries. If you already have an established TSP account from previous Federal service, and you did not withdraw all of your money while you were separated, you will receive the Welcome Letter only. You should continue to use the PIN and password originally mailed to you. If you have forgotten or misplaced them, use the TSP website or ThriftLine to request new ones. If you withdrew your entire balance while separated, you will receive the Welcome Letter and a new PIN and password. If you have or had a TSP uniformed services account, your Federal civilian account is a separate account and you will receive all of the above mailings.

Contribution Allocations

Your first contribution will be invested in the Government Securities Investment (G) Fund. After receiving your TSP Welcome Letter, you may invest your contributions in any of the 10 TSP funds by requesting a contribution allocation. You cannot request a contribution allocation until your TSP account has been established. The information to request a contribution allocation will be provided with your TSP Welcome Letter. **Note:** If you have an existing TSP account balance from previous Federal civilian service, your contributions will be invested using your last contribution allocation on file with the TSP.

Interfund Transfers

You can redistribute your TSP account balance among the 10 TSP funds by requesting an interfund transfer. You will not be able to request an interfund transfer until your TSP account has been established. The instructions to request an interfund transfer will be provided with your TSP Welcome Letter.

Additional Information

To find additional information about the TSP, visit the TSP website at www.tsp.gov. If you have any questions about the TSP and your participation, contact the Payroll and Benefits Hotline at 202-693-3448.

TSP INVESTMENT VIDEOS

How the TSP Fits Into FERS

Watch video Federal Employees Retirement System

G FUND

Watch video TSP: "G Fund"

F FUND

Watch video TSP: "F Fund"

C FUND

Watch video TSP: "C Fund"

S FUND

Watch video TSP: "S Fund"

I FUND

Watch video TSP: "I Fund"

LIFECYCLE FUNDS

Watch video
TSP: "Life Cycle Funds"

How Can Compound Earnings Work For Me

Watch video

TSP: "How Can Compound Earnings Work For Me"

Military Buy-Back

- Do Not Enroll into Buy-Back: if your goal is AGR
- ▶ Do Enroll into Buy-Back: if you plan to stay a Federal Employee for 20 years
- You can do Buy-Back anytime during employment. Note that first 3 years of employment Buy-Back is interest free, after that its 3%
- Complete Buy-Back packet and return to HRO



Gary R. Herbert Governor MG Jefferson S. Burton The Adjutant General

State of Utah

12953 MINUTEMAN DRIVE DRAPER, UTAH 84020-9286 (801) 432-4400

NGUT-HRO-TEC

SUBJECT: Service Credit Deposit Information for Title 10 Military Service (Military Buy-Back)

Dear Employee:

Welcome to the technician workforce for the Utah Army and Air National Guard! SSgt Jessica Bernal explained briefly about receiving credit for your *Title 10* military service for Annual Leave and Reduction-In-Force (RIF) purposes, but this letter will explain the procedures for paying a military deposit for RETIREMENT purposes.

If you were automatically covered under the Federal Employees Retirement System (FERS), your post 1956 military service can only be credited in a FERS annuity (retirement) if you make a deposit of 3 percent of the military basic pay you earned during the period of military service, plus interest.

There are some good reasons to consider making a deposit. Making a deposit for your Title 10 military service allows you to receive permanent credit for military service under your federal civilian retirement system, and the military service remains creditable for your military retirement also. Making the deposit early in your career helps to avoid the accrual of additional interest. Interest will start to accrue on the third anniversary date of hire. The rate of interest changes annually. In addition, making a deposit early affords you the option to make partial payments of your deposit through payroll deductions (\$25.00 minimum payments) until paid in full. Even if you don't plan to retire or leave federal service, it is still a good idea to at least obtain the amount of your military earnings so that the deposit can be computed more easily.

To process the deposit, we will need your DD 214(s), stating type of discharge. Remember, only Title 10 service may be credited – not Title 32, and the signed RI 20-97 that SSgt Jessica Bernal gave you. I want to stress that these deposits must be made to your employing agency before separation from employment (retirement).

For more specific information pertaining to your individual military service or questions regarding FERS retirement, or to obtain the necessary forms, please contact SSgt Bernal or Jerry Oyler in the HRO.

Thank you, and again welcome to the technician workforce.

Jerry Oyler, UTNG Human Resources Specialist



MyBiz My Workplace

- Must Log in this week and confirm your personnel information
- Sit with supervisor and set up your plan as soon as possible

My Biz/My Workplace

MyBiz/My Workplace is a web-based Oracle self service application. This system will have Employee/Supervisor information within Defense Civilian Personnel Data System (DCPDS).

What is My Biz? (Technician Employee)

Allows a technician employee to view data related to their civilian (technician) employment.

My Information

- o Position information (current/historical)
- o Salary information
- o Appraisal and awards information
- Benefits
- o Appointment information

Update my information

- · Ethnicity/Race and national origin
- Email address (technician email address ending in ".mil")
- · Phone numbers
- · Foreign language proficiency
- · Emergency contact information

Employment verification

· Employment and Salary Information

Performance Appraisal Application (PAA)

· Performance Plan and Appraisal

What is My Workplace? (Supervisor of Technician)

Allows the supervisor of technician/employee a view of technician's information.

- o Position information
- o Salary information
- o Appraisal and awards information
- Benefits
- o Appointment information

How do I register myself in My Biz / My Workplace?

1. Log on to "The National Guard Home Page"

2. Click on to "HRO web page"

a. Click - Technician Page (along top margin)

b. Click - My Biz/My Workplace

3. Click "CAC Registration"

4. Click "Non email" digital certificate

5. SSN: 123-45-6789 (your SSN with dashes)

Confirm SSN: 123-45-6789 (your SSN with dashes)

6. Click Register Button

7. User ID: 123-45-6789 (your SSN with dashes)

Password: 123-45-6789 (your SSN with dashes)

8. Click "Submit"

9. Under "Navigator" click "My Biz"

IMPORTANT!!! Please update your technician email address and emergency contact information ASAP!

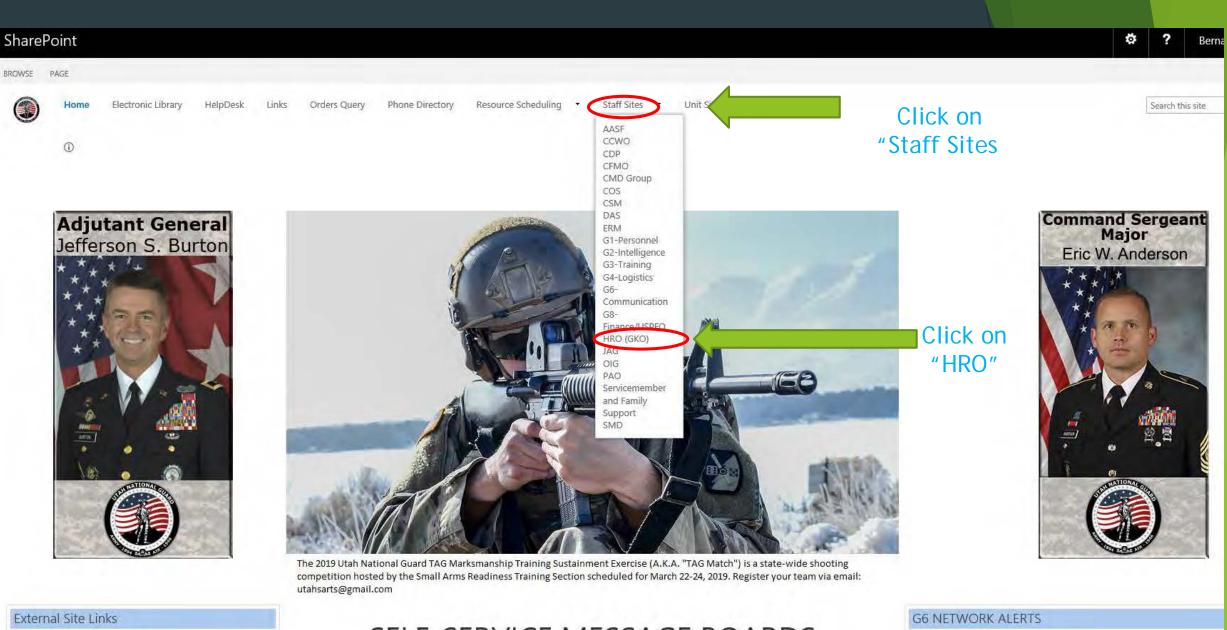
Once you have registered, you will just log in after that.

If you have any questions please contact Staff Sergeant Jessica Bernal (801) 432-4219.



How do I...

Complete Rating Official Activities in the National Guard (Title 32) PAA?



Title

SELF-SERVICE MESSAGE BOARDS

✓ Title

Expires

UNCLASSIFIED//FOR OFFICIAL USE ONLY



CAC/PKI Login

> Create Account (AKO) Reset Password (AKO)

Need assistance? Please contact the



(AESD portal account setup required



UNCLASSIFIED//FOR OFFICIAL USE ONLY

Search this site

432-4228

+ Q



Utah National Guard GKO Home Unit Sites *

Staff Sites *

Utah CERFP * 151 MSG Contracting Joint Training Team Joint Operations Center



Utah National Guard > Staff Sites > HRO > HRO

HRO Information

	The State	Labour 1	Name and Address of the Owner, where	Description
-	Emp	lovee i	Assistance	Program

- In-out check list
- HRO Guidance letters
- Helpful Forms
- Employee of the Month Information
- Presidential Leave Guidance for Mil Techs
- Guidelines for Military Contingency/Law Enforcement Military
- Leave (22 days/176 hours)
- Use of Time-Off Awards for Military Orders
- Annual Weingarten Notification

Holiday Observances for 2019

Mon~Thur Tue~F Schedule Schedu	
1 Jan 2019 1 Jan 20	New Year's Day
21 Jan 2019 22 Jan 2	019 MLK, Jr.'s Day
18 Feb 2019 19 Feb 2	019 President's Day
27 May 2019 28 May 2	.019 Memorial Day
4 Jul 2019 4 Jul 20	19 Independence Da
2 Sep 2019 3 Sep 20	119 Labor Day
14 Oct 2019 15 Oct 2	019 Columbus Day
11 Nov 2019 12 Nov 2	019 Veteran's Day
28 Nov 2019 28 Nov 2	019 Thanksgiving Day
25 Dec 2019 25 Dec 2	019 Christmas Day
1 Jan 2020 1 Jan 20	20 New Year's Day

HRO Phone Directory

DSN	Prefix is 766
HRO FAX	432-470
Director	432-449
Deputy	432-423
SEEM/EEO	432-454
Labor Relations	432-422
State Branch	

State Manager

AGR Management Branch

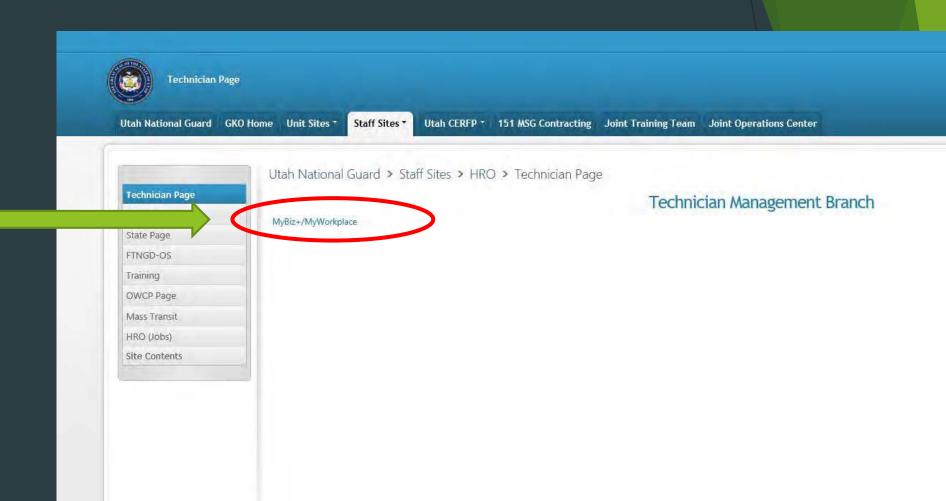
AGR Manager (Army)	432-422
AGR Manager (Air)	432-423
AGR Supervisor	432-422
Medical	432-423
Pers/AGR Pay	432-423
Pers Assistant	432-512
FTNGD-OS	432-423
Technician Manager	ment Branc

Technician Management Branch

Technician Manager	432-4241
Retirement Specialist	432-4240
Staffing Specialist	432-4241
Management Analyst/CLSS/STF	432-4239
Benefits Specialist	432-4240
Classification	432-4619
HR Specialist	432-4219
OWCP/Personnel Asst	432-4243
Support Branch	

AGR/TECH	Training	432-414
Mass Trans	sit	432-424
PSM		432-423

Click on the Link MYBIZ+/MY WORKPACE





DCPDS PORTAL



News and Information

Last updated August 09, 2015 13:00 CDT



MyBiz+ for Managers and Supervisors is now available. If you are a manager or supervisor, Login and select the MyTeam tile on the MyBiz+ homepage to discover the HR information available for your team.

Important: As of Aug 2015, My Workplace will no longer be available to managers and supervisors.

Component Help Desk Information

If you are having problems accessing this site, please select <u>Contact List</u> to locate and directly contact your Component Help Desk.

For additional information, check out our Frequently Asked Questions (FAQ)!

Smart Card Access

Click the login button below and select your non-email digital certificate.



First time Smart Card (OAG) user? Register Here

Returning Non-Smart Card (Non-CAC) User? Click the button below.

Non-Smart Card Access

First time Non-Smart Card (Non-CAC) user? Register Here Password problems? Reset

For technical problems, select the <u>Contact List</u> for your organization's computer support Help Desk.

Click on "Smart Card Login"



DCPDS PORTAL



My Application/Database

Add Additional Application/Databases

Choose your Path



Click on "HR" BLOCK

To link your newly created DCPDS Portal account to your existing application/databases. Click the Add Additional Application/Databases link above.



To protect your personal information, log out of your DCPDS Portal session by selecting the 'Logout' button.



Privacy Act Statement

The information you provide to the Defense Civilian Personnel Data System (DCPDS) is covered by the Privacy Act of 1974. For questions regarding your personal information please contact your local Human Resources Office.

Authorities: 5 U.S.C. Chapters 11, 13, 29, 31, 33, 41, 43, 51, 53, 55, 61, 63, 72, 75, 83, and 99; 5 U.S.C. 7201; 10 USC 136; DoD Instruction 1400.25, volumes 1100 and 1401; 29 CFR 1614.601; and E.O.9397.

Principal Purposes: To allow civilian (appropriated fund and non-appropriated fund) employees in the Department of Defense (DoD) to update personal information.

Routine Uses: None. The DoD 'Blanket Routine Uses' set forth at the beginning of OSD's compilation of systems of records notices apply to this system.

Disclosure: Voluntary. However, failure to provide or update your information may require manual HR processing or the absence of some information.

Click on "Accept"



Accessibility/Section 508 | Privacy and Security Policy | System Help Desk Contacts

Home

★ Provide Feedback

MyBiz+

Click on **—** "MyPerfomance"



🐔 Last Person	nnel Action
Type of Action:	Excepted Appointment
Effective Date:	20-Sep-2015

\$ Insurance Health Insurance: Federal Employee Health Benefits Special Code (ZZ) Life Insurance: Basic only \$ Pay Gross Pay: 1516.80 Net Pay: 1153.89 Pay Period End Date: 17-Oct-2015





Certification/Licenses: No Certificates/Licenses Available

Detail Pages













MyBiz+ ICE My Biz ICE MyPerformance Logout Preferences Help

MyPerformance Main Page Provide Guest Feedback My Journal

Employee

MyPerformance Main Page

Need Help?

Warning: This application is designed for sensitive unclassified personnel information only. Do NOT enter classified information in this system. Unauthorized release of classified information is a violation of law and may lead to prosecution.

From the Main Page, you can create, update and view your Performance Plans; view and print part or an entire plan after it is created; and track the status of a plan. You can also search for completed plans by selecting the 'Show Completed Plans/Appraisals' link located at the bottom of this page.

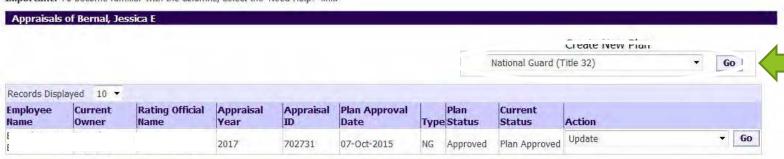
To create a Performance Plan:

. Select the 'Go' button

To complete other actions described above:

- · Select 'Choose a Plan Type'
- · Select Appraisal Plan Type
- · Select an option from the Action column
- . Select the 'Go' button

Important: To become familiar with the columns, select the 'Need Help?' link.



Select the link to search for completed plans.

MyPerformance Main Page Provide Guest Feedback My Journal MyBiz+ ICE My Biz ICE MyPerformance Logout Preferences Help

Privacy Statement

Drop down Click on "National Guard (Title 32)"

MyBiz+ CE My Biz ICE MyPerformance Logout Preferences Help

MyPerformance Main Page Provide Guest Feedback My Journal

Employee

MyPerformance Main Page

Need Help?

Warning: This application is designed for sensitive unclassified personnel information only. Do NOT enter classified information in this system. Unauthorized release of classified information is a violation of law and may lead to prosecution.

From the Main Page, you can create, update and view your Performance Plans; view and print part or an entire plan after it is created; and track the status of a plan. You can also search for completed plans by selecting the 'Show Completed Plans/Appraisals' link located at the bottom of this page.

To create a Performance Plan:

. Select the 'Go' button

To complete other actions described above:

- · Select 'Choose a Plan Type'
- · Select Appraisal Plan Type
- · Select an option from the Action column
- . Select the 'Go' button

Important: To become familiar with the columns, select the 'Need Help?' link.

Appraisals of Bernal, Jessica E

Create New Plan Go National Guard (Title 32) Records Displayed 10 ▼ Rating Official Appraisal Appraisal Plan Approval Plan **Employee** Current Current Name Owner Name Year ID Date Type Status Status Action → Go Plan Approved 2017 702731 07-Oct-2015 NG Approved

Select the link to search for completed plans.

MyPerformance Main Page Provide Guest Feedback My Journal MyBiz+ ICE My Biz ICE MyPerformance Logout Preferences Help

Privacy Statement

Welcome, Jessica E. Bernal

MyBiz+

Home

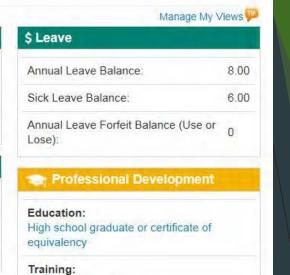
★ Provide Feedback

Click on "Request Employment Verification"



🐒 Last Personnel Action	
Type of Action:	Excepted Appointment
Effective Date:	20-Sep-2015

Health	Federal Employee Health	1
Insurance:	Benefits Special Code (Z	Z
Life Insurance:	Basic only	
\$ Pay		
Gross Pay:	1516.80	
Net Pay:	1153.89	



Detail Pages













No Training Available Certification/Licenses:

No Certificates/Licenses Available

Employee

ee Supervisor

Organization

UT ANG HQ

Home / Employment Verification



Information

Employment verification releases employment information and, optionally, salary information to an external organization or person, also known as "Recipient".

Important!

Prior to completing the Employment Verification request, ensure a valid e-mail address is listed in the "My Email" field below. The password will be e-mailed to you at this address. If your e-mail address is blank or incorrect, enter or overwrite the e-mail displayed. You can also update your work e-mail by selecting Key Services > Update Contact Information > Work Email > Update.

Information to Send

Employment Information

Employment and Salary Information

Recipient Information

*To:

*My Email:

Note: Two distinct email addresses are required. Your password-protected employment verification document will be sent to the recipient identified in the "To" line. A second e-mail, containing the password, will be sent to you based on the e-mail address you identified in the "My Email" field. For your protection, the e-mail containing the password will not be sent to the individual identified in the "To" line. It is your responsibility to share the password with the intended recipient.

Related Information

Employment Information: Releases personal, assignment and period of service details.

Cancel

Continue

From:

HR Employment Verification System [mybiz_myworkplace@dcpds.cpms.osd.mil]

Sent:

Monday, December 10, 2012 9:41 AM

To:

Subject:

Employment Verification 65744_20121210094100

Document password:

This e-mail contains the password for the e-mail attachment sent to responsibility to provide this password to the recipient.

It is your

This is a system generated email; please do not reply to this message.

Employee Receives

Financial Institution Receives

[WARNING : MESSAGE ENCRYPTED] Employment Verification for

From: HR Employment Verification System (mybiz_myworkplace@dcpds.cpms.osd.mil)

Sent: Mon 12/10/12 9:41 AM

To:

1 attachment

EmployeeVerification.pdf (29.2 KB)

The Employment Verification for is attached in a password-protected document. The employee will provide you with the password.

Reference Number for this verification is 65744_20121210094100.

This is a system generated e-mail; please do not reply to this message.



Employment Verification

This document contains personally identifiable information. As the recipient of this information, you are responsible and legally accountable for safeguarding this product in accordance with any applicable national, state or provincial, or local laws that pertain to the protection of personally identifying information at your location.

Employment and Salary Information

Dear Sir or Madam,

The following information is provided in response to your request for an Employment and Income Verification; Reference Number: 65744_20121210094100.

Employee Name:

Information Current as of: 10-Dec-2012

Employer: Department of the Army Headquarters Address: THE ADJUTANT GENERAL - UT JOINT FORCE HQ - UT HRO TECH PERS MGT BR DRAPER, UT

Duty Station: DRAPER / SALT LAKE / UTAH

Social Security Number (last 4-digits only): ___

Employment Status: Active

Most Recent Start Date: 27-Feb-1984 Original Hire Date: 27-Feb-1984

Total Time With Employer: 28 years 9 months 13 days

Job Title: HUMAN RESOURCES SPECIALIST (EMPLOYEE BENEFITS)

Rute of Pay: Annually

Average hours Per Pay Period: 80

Total Pay: Total Pay YTD:

Emailed To: